



Build-Your-Own Salad Bar Menu

SodexoMAGIC - DC Public Schools

MONDAY March 2	TUESDAY March 3	WEDNESDAY March 4	THURSDAY March 5	FRIDAY March 6
-------------------	--------------------	----------------------	---------------------	-------------------

Choose Your Protein

<ul style="list-style-type: none"> Pulled Chicken Shredded Cheese Pinto Beans 	<ul style="list-style-type: none"> Black Beans Shredded Cheese Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> Pulled Chicken Shredded Cheese Chickpeas 	<ul style="list-style-type: none"> Chickpeas Shredded Cheese Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> Pulled Chicken Shredded Cheese Black Beans
--	--	--	--	--

Available Vegetables

<ul style="list-style-type: none"> Lettuce Mix Shredded Carrots Corn Broccoli Cherry Tomatoes 	<ul style="list-style-type: none"> Lettuce Mix Shredded Carrots Spinach Cherry Tomatoes Corn 	<ul style="list-style-type: none"> Lettuce Mix Broccoli Cherry Tomatoes Corn Cucumber Slices 	<ul style="list-style-type: none"> Lettuce Mix Spinach Baby Carrots Cucumber Slices Cherry Tomatoes 	<ul style="list-style-type: none"> Lettuce Mix Broccoli Cherry Tomatoes Corn Baby Carrots
--	---	---	--	--

Available Fruit

<ul style="list-style-type: none"> Assorted Fresh Fruit & Assorted Chilled Fruit Available Daily

Available Toppings <ul style="list-style-type: none"> Sunflower Seeds Dried Cranberries
--

Featured Salad	Chicken Dipper Salad
-----------------------	----------------------

Take a Whole Grain <ul style="list-style-type: none"> Whole Grain Dinner Roll Whole Grain Croutons

Choose a Milk	Nonfat or 1% White Milk
----------------------	-------------------------



Build-Your-Own Salad Bar Menu

SodexoMAGIC - DC Public Schools

MONDAY March 9	TUESDAY March 10	WEDNESDAY March 11	THURSDAY March 12	FRIDAY March 13
-------------------	---------------------	-----------------------	----------------------	--------------------

Choose Your Protein

<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Pinto Beans 	<ul style="list-style-type: none"> • Black Beans • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Chickpeas 	<ul style="list-style-type: none"> • Chickpeas • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Black Beans
--	--	--	--	--

Available Vegetables

<ul style="list-style-type: none"> • Lettuce Mix • Shredded Carrots • Corn • Broccoli • Cherry Tomatoes 	<ul style="list-style-type: none"> • Lettuce Mix • Shredded Carrots • Spinach • Cherry Tomatoes • Corn 	<ul style="list-style-type: none"> • Lettuce Mix • Broccoli • Cherry Tomatoes • Corn • Cucumber Slices 	<ul style="list-style-type: none"> • Lettuce Mix • Spinach • Baby Carrots • Cucumber Slices • Cherry Tomatoes 	<ul style="list-style-type: none"> • Lettuce Mix • Broccoli • Cherry Tomatoes • Corn • Baby Carrots
--	---	---	--	--

Available Fruit

<ul style="list-style-type: none"> • Assorted Fresh Fruit & Assorted Chilled Fruit Available Daily

Available Toppings <ul style="list-style-type: none"> • Sunflower Seeds • Dried Cranberries
--

Featured Salad	Chicken Taco Salad
-----------------------	--------------------

Take a Whole Grain <ul style="list-style-type: none"> • Whole Grain Dinner Roll • Whole Grain Croutons

Choose a Milk	Nonfat or 1% White Milk
----------------------	-------------------------



Build-Your-Own Salad Bar Menu

SodexoMAGIC - DC Public Schools

MONDAY March 16	TUESDAY March 17	WEDNESDAY March 18	THURSDAY March 19	FRIDAY March 20
--------------------	---------------------	-----------------------	----------------------	--------------------

Choose Your Protein

<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Pinto Beans 	<ul style="list-style-type: none"> • Black Beans • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Chickpeas 	<ul style="list-style-type: none"> • Chickpeas • Shredded Cheese • Sliced Hard-boiled Egg 	NO SCHOOL
--	--	--	--	-----------

Available Vegetables

<ul style="list-style-type: none"> • Lettuce Mix • Shredded Carrots • Corn • Broccoli • Cherry Tomatoes 	<ul style="list-style-type: none"> • Lettuce Mix • Shredded Carrots • Spinach • Cherry Tomatoes • Corn 	<ul style="list-style-type: none"> • Lettuce Mix • Broccoli • Cherry Tomatoes • Corn • Cucumber Slices 	<ul style="list-style-type: none"> • Lettuce Mix • Spinach • Baby Carrots • Cucumber Slices • Cherry Tomatoes 	
--	---	---	--	--

Available Fruit

<ul style="list-style-type: none"> • Assorted Fresh Fruit & Assorted Chilled Fruit Available Daily

Available Toppings	<ul style="list-style-type: none"> • Sunflower Seeds 	<ul style="list-style-type: none"> • Dried Cranberries
--------------------	---	---

Featured Salad	Chicken Caesar Salad
----------------	----------------------

Take a Whole Grain	<ul style="list-style-type: none"> • Whole Grain Dinner Roll 	<ul style="list-style-type: none"> • Whole Grain Croutons
--------------------	---	--

Choose a Milk	Nonfat or 1% White Milk
---------------	-------------------------



Build-Your-Own Salad Bar Menu

SodexoMAGIC - DC Public Schools

MONDAY March 23	TUESDAY March 24	WEDNESDAY March 25	THURSDAY March 26	FRIDAY March 27
--------------------	---------------------	-----------------------	----------------------	--------------------

Choose Your Protein

<ul style="list-style-type: none"> Pulled Chicken Shredded Cheese Pinto Beans 	<ul style="list-style-type: none"> Black Beans Shredded Cheese Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> Pulled Chicken Shredded Cheese Chickpeas 	<ul style="list-style-type: none"> Chickpeas Shredded Cheese Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> Pulled Chicken Shredded Cheese Black Beans
--	--	--	--	--

Available Vegetables

<ul style="list-style-type: none"> Lettuce Mix Shredded Carrots Corn Broccoli Cherry Tomatoes 	<ul style="list-style-type: none"> Lettuce Mix Shredded Carrots Spinach Cherry Tomatoes Corn 	<ul style="list-style-type: none"> Lettuce Mix Broccoli Cherry Tomatoes Corn Cucumber Slices 	<ul style="list-style-type: none"> Lettuce Mix Spinach Baby Carrots Cucumber Slices Cherry Tomatoes 	<ul style="list-style-type: none"> Lettuce Mix Broccoli Cherry Tomatoes Corn Baby Carrots
--	---	---	--	--

Available Fruit

<ul style="list-style-type: none"> Assorted Fresh Fruit & Assorted Chilled Fruit Available Daily

Available Toppings <ul style="list-style-type: none"> Sunflower Seeds Dried Cranberries
--

Featured Salad	Classic Chef Salad
-----------------------	--------------------

Take a Whole Grain <ul style="list-style-type: none"> Whole Grain Dinner Roll Whole Grain Croutons

Choose a Milk	Nonfat or 1% White Milk
----------------------	-------------------------



Build-Your-Own Salad Bar Menu

SodexoMAGIC - DC Public Schools

MONDAY March 30	TUESDAY March 31	WEDNESDAY April 1	THURSDAY April 2	FRIDAY April 3
--------------------	---------------------	----------------------	---------------------	-------------------

Choose Your Protein

<ul style="list-style-type: none"> Pulled Chicken Shredded Cheese Pinto Beans 	<ul style="list-style-type: none"> Black Beans Shredded Cheese Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> Pulled Chicken Shredded Cheese Chickpeas 	<ul style="list-style-type: none"> Chickpeas Shredded Cheese Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> Pulled Chicken Shredded Cheese Black Beans
--	--	--	--	--

Available Vegetables

<ul style="list-style-type: none"> Lettuce Mix Shredded Carrots Corn Broccoli Cherry Tomatoes 	<ul style="list-style-type: none"> Lettuce Mix Shredded Carrots Spinach Cherry Tomatoes Corn 	<ul style="list-style-type: none"> Lettuce Mix Broccoli Cherry Tomatoes Corn Cucumber Slices 	<ul style="list-style-type: none"> Lettuce Mix Spinach Baby Carrots Cucumber Slices Cherry Tomatoes 	<ul style="list-style-type: none"> Lettuce Mix Broccoli Cherry Tomatoes Corn Baby Carrots
--	---	---	--	--

Available Fruit

<ul style="list-style-type: none"> Assorted Fresh Fruit & Assorted Chilled Fruit Available Daily

Available Toppings <ul style="list-style-type: none"> Sunflower Seeds Dried Cranberries
--

Featured Salad	Greek Salad
-----------------------	-------------

Take a Whole Grain <ul style="list-style-type: none"> Whole Grain Dinner Roll Whole Grain Croutons

Choose a Milk	Nonfat or 1% White Milk
----------------------	-------------------------