



Secondary Breakfast (6-12) Menu

May 2016

All breakfasts are FREE. Full student breakfast includes entrée, fruit & choice of 1% or skim white milk. All grains are whole grain rich. Did you know—If you see it in green, it's Local!

Monday	Tuesday	Wednesday	Thursday	Friday
May 2	May 3	May 4	May 5	May 6
Waffles w/Syrup OR Cheesy Scrambled Eggs w/English Muffin 100% Orange Juice	Turkey Sausage on English Muffin OR Maple French Toast Sticks Fresh Orange	Egg Patty & Cheese on a Bagel OR French Toast Bake Fresh Local Apple	Turkey Ham & Cheese Frittata w/Toast OR Bagel w/Reduced Fat Cream Cheese Diced Pears	Professional Development Day NO SCHOOL
May 9	May 10	May 11	May 12	May 13
Waffles w/Syrup OR Scrambled Egg Bar w/English Muffin 100% Orange Juice	Muffin Assortment String Cheese OR Turkey Ham and Cheese on English Muffin Fresh Orange	<u>Uruguay Food Day</u> Uruguayan Rice Pudding Fresh Local Apple	Pancakes w/ Syrup OR Mexican Scrambled Egg Bar w/ Whole Wheat Toast Diced Pears	Maple French Toast Sticks OR Yogurt Cup Graham Cracker Fresh Banana
May 16	May 17	May 18	May 19	May 20
Waffles w/Syrup OR Cheesy Scrambled Eggs w/English Muffin 100% Orange Juice	Turkey Sausage on English Muffin OR Maple French Toast Sticks Fresh Orange	Egg Patty & Cheese on a Bagel OR Maple French Toast Sticks Fresh Local Apple	Turkey Ham & Cheese Frittata w/Toast OR Bagel w/Reduced Fat Cream Cheese Diced Pears	Muffin Assortment String Cheese OR Yogurt Cup Graham Cracker Fresh Banana
May 23	May 24	May 25	May 26	May 27
Parent Teacher Conference NO SCHOOL	Muffin Assortment String Cheese OR Turkey Ham and Cheese on English Muffin Fresh Orange	Cinnamon Brown Sugar Oatmeal OR French Toast Bake Fresh Local Apple	Pancakes w/ Syrup OR Mexican Scrambled Egg Bar w/ Whole Wheat Toast Diced Pears	French Toast Bake OR Yogurt Cup Graham Cracker Fresh Banana
Available daily – Assorted Cereals, Assorted Fresh and Cupped Fruit				