

Early Childhood Lunch

May 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
April 29 - May 3, 2019	Glorious Macaroni & Cheese ^v Citrus Glazed Carrots Mixed Fruit Salad Nonfat & Lowfat Milk	Classic Cheese Pizza ^v Cucumber Coins w/ Dressing Chilled Peaches Nonfat & Lowfat Milk	Cheese Quesadilla ^v Sweet Potato Wedges Applesauce Nonfat & Lowfat Milk	Sweet & Sour Chicken w/ Brown Rice Asian Veggie Blend Chilled Pears Nonfat & Lowfat Milk	Stuffed Shells w/ Marinara ^v Parmesan Roasted Broccoli Orange Smiles Nonfat & Lowfat Milk
May 6-10, 2019	Honey BBQ Chicken Sandwich Roasted Corn Fresh Apple Slices Nonfat & Lowfat Milk	Teriyaki Grilled Chicken w/ Vegetables & Brown Rice Lemon Roasted Broccoli Orange Smiles Nonfat & Lowfat Milk	Korean BBQ Turkey Taco w/ Pineapple Slaw Steamed Carrots Applesauce Cup Nonfat & Lowfat Milk	Chicken Quesadilla Cucumber Coins w/ Dressing Chilled Peaches Nonfat & Lowfat Milk	Classic Cheese Pizza ^v Green Beans Diced Pears Nonfat & Lowfat Milk
May 13-17, 2019	Turkey Macaroni Cucumber Coins w/ Dressing Orange Smiles Nonfat & Lowfat Milk	Turkey Sausage & Maple Pancakes Sweet Potato Wedges Chilled Peaches Nonfat & Lowfat Milk	Hot Turkey & Cheese Sandwich Mashed Potatoes Mixed Fruit Salad Nonfat & Lowfat Milk	Garden Burger ^v Collard Greens Banana Half Nonfat & Lowfat Milk	Baked Penne Pasta w/ Tomato Sauce ^v Parmesan Roasted Broccoli Chilled Pears Nonfat & Lowfat Milk
May 20-24, 2019	Oven Baked Lasagna ^v Roasted Ginger Kale Fresh Apple Slices Nonfat & Lowfat Milk	Classic Cheese Pizza ^v Citrus Glazed Carrots Orange Smiles Nonfat & Lowfat Milk	Traditional Cheeseburger Cucumber Coins w/ Dressing Banana Half Nonfat & Lowfat Milk	Sunbutter & Jelly Sandwich ^v Roasted Kale & Sweet Potatoes Chilled Peaches Nonfat & Lowfat Milk	Cheesy Omelet w/ Pancakes ^v Roasted Potatoes Applesauce Cup Nonfat & Lowfat Milk
May 27-31, 2019	NO SCHOOL	NO SCHOOL	BBQ Burger w/ Coleslaw Cucumber Coins w/ Dressing Mixed Fruit Salad Nonfat & Lowfat Milk	Veggie Pizza ^v Mixed Garden Vegetables Orange Smiles Nonfat & Lowfat Milk	Cheese Quesadilla ^v Roasted Corn Chilled Pears Nonfat & Lowfat Milk

Weekly - Nutrient Summary

Menu Names: ECE W5

Site Group: Inspire
 Serving Group: Pre-K

Meal Pattern: CACFP
 Calculation Method: Weighted Analysis
 Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Day 4	Day 5	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)	582.29	440.06	719.87	540.87	406.17		537.85	
Fat (g)	21.32 (32.95%)	13.39 (27.38%)	21.09 (26.37%)	16.00 (26.62%)	12.09 (26.78%)		16.78	28.07 %
Sfat (g)	11.04 (17.06%)	6.86 (14.04%)	8.03 (10.04%)	3.80 (6.31%)	3.95 (8.76%)		6.74	11.27 %
TFat (g)	0.01	0.00	0.00	0.02	0.05		0.02	
Na (mg)	1,359.11	521.63	931.26	608.37	447.56		773.59	
Carb (g)	73.76 (50.67%)	55.63 (50.57%)	103.97 (57.77%)	59.13 (43.73%)	55.02 (54.19%)		69.50	51.69 %
Pro (g)	29.42 (20.21%)	24.47 (22.24%)	30.65 (17.03%)	40.71 (30.10%)	22.73 (22.38%)		29.59	22.01 %

Legend

(M) Indicates missing nutrient values.

1 Trans Fat is provided for informational purposes, not for monitoring purposes.

Weekly - Nutrient Summary

Menu Names: ECE W1

Site Group: Inspire
Serving Group: Pre-K

Meal Pattern: CACFP
Calculation Method: Weighted Analysis
Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Day 4	Day 5	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	584.78	645.54	611.35	677.47	615.97		627.02(M)	
Fat (g)	15.51 (23.86%)	20.59 (28.71%)	13.35 (19.66%)	20.70 (27.50%)	19.28 (28.18%)		17.89(M)	25.67 %
Sfat (g)(1)	4.47 (6.88%)	3.72 (5.19%)	4.48 (6.59%)	6.29 (8.35%)	6.83 (9.97%)		5.16(M)	7.40 %
TFat (g)(2)	0.00	0.01	0.00	0.00	0.01		0.00(M)	
Sodium Target 1 (mg)(13)	974.64	988.59	1,719.01	983.64	846.56		1,102.49(M)	
Sodium Target 2 (mg)(13)	974.64	988.59	1,719.01	983.64	846.56		1,102.49(M)	
Carb (g)	73.65 (50.38%)	79.22 (49.09%)	95.98 (62.80%)	91.33 (53.93%)	85.84 (55.75%)		85.21(M)	54.36 %
Pro (g)	41.62 (28.47%)	43.66 (27.06%)	29.92 (19.58%)	38.54 (22.75%)	27.60 (17.92%)		36.27(M)	23.14 %

Legend

(M) Indicates missing nutrient values.

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- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.

Weekly - Nutrient Summary

Menu Names: ECE W2

Site Group: Inspire
 Serving Group: Pre-K

Meal Pattern: CACFP
 Calculation Method: Weighted Analysis
 Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Day 4	Day 5	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	779.94	553.04	621.48	648.22	598.00		640.14	
Fat (g)	10.32 (11.91%)	19.22 (31.28%)	21.57 (31.24%)	21.63 (30.03%)	20.12 (30.29%)		18.57	26.11 %
Sfat (g)(1)	3.70 (4.27%)	4.94 (8.04%)	8.74 (12.66%)	6.72 (9.33%)	8.16 (12.29%)		6.45	9.07 %
TFat (g)(2)	0.00	3.83	0.00	0.00	0.04		0.77	
Sodium Target 1 (mg)(13)	1,713.72	534.47	1,275.02	1,112.81	1,098.66		1,146.94	
Sodium Target 2 (mg)(13)	1,713.72	534.47	1,275.02	1,112.81	1,098.66		1,146.94	
Carb (g)	144.95 (74.34%)	72.42 (52.38%)	78.44 (50.48%)	85.41 (52.70%)	75.52 (50.51%)		91.35	57.08 %
Pro (g)	36.25 (18.59%)	23.58 (17.06%)	30.34 (19.53%)	33.15 (20.45%)	34.07 (22.79%)		31.48	19.67 %

Legend

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Weekly - Nutrient Summary

Menu Names: ECE W3

Site Group: Inspire
 Serving Group: Pre-K

Meal Pattern: CACFP
 Calculation Method: Weighted Analysis
 Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Day 4	Day 5	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	526.69	665.59	570.06	623.16	520.09		581.12(M)	
Fat (g)	11.58 (19.78%)	26.40 (35.70%)	14.99 (23.67%)	30.00 (43.33%)	16.82 (29.11%)		19.96(M)	30.91 %
Sfat (g)(1)	5.08 (8.68%)	6.93 (9.37%)	5.27 (8.32%)	8.11 (11.72%)	5.09 (8.80%)		6.10(M)	9.44 %
TFat (g)(2)	0.01	0.09	0.00	0.00	0.00		0.02(M)	
Sodium Target 1 (mg)(13)	1,057.26	890.19	801.86	908.85	692.62		870.16(M)	
Sodium Target 2 (mg)(13)	1,057.26	890.19	801.86	908.85	692.62		870.16(M)	
Carb (g)	76.56 (58.14%)	75.50 (45.37%)	83.63 (58.68%)	80.11 (51.42%)	70.61 (54.31%)		77.28(M)	53.19 %
Pro (g)	30.26 (22.98%)	34.55 (20.76%)	30.13 (21.14%)	31.53 (20.24%)	23.39 (17.99%)		29.97(M)	20.63 %

Legend

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Weekly - Nutrient Summary

Menu Names: ECE W4
 Site Group: Inspire
 Serving Group: Pre-K

Meal Pattern: CACFP
 Calculation Method: Weighted Analysis
 Meal Type: Lunch

Nutrient	Day 1	Day 2	Day 3	Week Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	817.18	607.04	514.36		646.20	
Fat (g)	20.63 (22.72%)	24.92 (36.94%)	12.83 (22.45%)		19.46	27.10 %
Sfat (g)(1)	8.73 (9.61%)	7.31 (10.83%)	3.89 (6.80%)		6.64	9.25 %
TFat (g)(2)	0.00	0.08	0.00		0.03	
Sodium Target 1 (mg)(13)	1,976.46	757.18	737.08		1,156.91	
Sodium Target 2 (mg)(13)	1,976.46	757.18	737.08		1,156.91	
Carb (g)	128.84 (63.06%)	70.19 (46.25%)	72.98 (56.76%)		90.67	56.12 %
Pro (g)	37.50 (18.36%)	28.70 (18.91%)	29.26 (22.75%)		31.82	19.70 %

Legend

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