

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 04/24/2017									
K5 Lunch	Total								
MAC & SUPER:K12-1%	2/3 cup	114	219	*2	5.7	12.48	4.74	2.34	0.00
FLATBREAD SEASONED:1G	1 flatbread	29	44	*0	0.77	4.02	1.13	0.18	0.00
SAND HOT BBQ HONEYCHICKEN:DCPS	1 burger	82	219	*2	5.87	11.48	1.69	0.27	0.00
SAND FT Cured Turkey:K5	1 sandwich	119	449	1	8.35	10.26	5.62	2.42	0.00
CARROTS:oven	1/2 cup	10	22	1	0.18	2.31	0.03	0.01	0.00
SALAD MIX	1/2 CUP	1	1	0	0.05	0.1	0.01	0.00	0.00
CORN ROASTED	1/2 cup	8	0	*N/A*	0.23	1.43	0.08	0.00	0.00
BEANS PLAIN Black:m/ma	1/2 cup	12	14	0	0.68	2.24	0.05	0.00	0.00
TOMATO DICED	1/2 cup	2	1	0	0.11	0.46	0.02	0.00	0.00
APPLE WHOLE:163ct	1 EACH	29	1	*N/A*	0.14	7.63	0.09	0.02	0.00
PEARS DICED CND	1/2 CUP	30	5	6	0.0	7.0	0.0	0.00	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
DRESSING RANCH	1/2 cup	2	4	0	0.0	0.05	0.23	0.04	0.00
SAUCE HONEY BBQ	1/8 cup	5	37	*0	0.08	1.16	0.0	0.00	0.00
CELERY STICKS	1 TBSP	2	12	0	0.1	0.44	0.03	0.01	0.00
MAYONNAISE	1 TBSP	5	13	*N/A*	0.0	0.2	0.4	0.05	0.00
LETTUCE SHRED	1/2 cup	0	0	*N/A*	0.04	0.08	0.01	0.00	0.00
MUSTARD	1 TBSP	0	17	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		553	1158	*26	30.30	73.96	16.12	6.53	0.00
% of Calories				*19.1%	21.9%	53.5%	26.2%	10.6%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 04/25/2017									
K5 Lunch									
	Total								
	1 slice	185	432	7	13.0	16.3	7.4	2.85	0.00
	1 slice	120	232	6	6.0	14.8	4.4	1.60	0.00
	1 salad	15	23	*0	1.14	1.14	0.64	0.26	0.00
	1 roll	8	7	*N/A*	0.35	1.4	0.15	0.03	0.00
	2/3 cup	66	63	*0	1.54	7.33	3.8	0.28	0.00
	1 CUP	6	12	0	0.53	1.04	0.06	0.01	0.00
	1/2 cup	38	0	*N/A*	1.13	7.13	0.38	0.00	0.00
	1/2 cup	47	54	0	2.72	8.95	0.19	0.00	0.00
	1/2 cup	2	1	0	0.11	0.46	0.02	0.00	0.00
	1 CUP	25	8	6	0.0	7.0	0.0	0.00	0.00
	1/2 cup	18	0	*N/A*	0.0	4.25	0.0	0.00	0.00
	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
Weighted Daily Average		638	941	*32	34.52	82.52	19.50	6.29	0.00
% of Calories				*19.9%	21.6%	51.7%	27.5%	8.9%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 04/26/2017									
K5 Lunch	Total								
EGG BOILED WHOLE:med	1 medium egg	21	16	0	1.58	0.26	1.32	0.40	0.00
SAUSAGE TURKEY PATTY	1 patty	18	24	0	1.8	0.0	1.35	0.45	0.00
FRENCH TOAST STICKS:1.25G	2 sticks	45	57	2	0.9	6.48	1.96	0.45	0.00
QUESADILLA Cheese:K8	1 quesadilla	95	141	1	4.35	7.2	5.25	2.55	0.00
WRAP FT CHICKEN SALAD:K5	1 wrap	139	220	*1	9.19	12.3	5.84	1.09	0.00
POTATO SWT BITES	3/4 cup	54	45	*N/A*	0.45	8.56	1.8	0.23	0.00
SALAD MIX	1 CUP	1	2	0	0.11	0.21	0.01	0.00	0.00
CORN ROASTED	1/2 cup	8	0	*N/A*	0.23	1.43	0.08	0.00	0.00
BEANS PLAIN Black:m/ma	1/2 cup	12	14	0	0.68	2.24	0.05	0.00	0.00
TOMATO DICED	1/2 cup	4	1	1	0.21	0.93	0.05	0.01	0.00
BANANAS PETITE:150ct	1 EACH	53	1	*N/A*	0.64	13.48	0.19	0.06	0.00
JUICE ORANGE 100%	4 oz cup	30	0	6	0.0	7.0	0.0	0.00	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
SALSA BASE:cnd	1/8 cup	3	16	*0	0.14	0.7	0.01	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
LETTUCE SHRED	1/2 cup	0	0	*N/A*	0.04	0.08	0.01	0.00	0.00
MAYONNAISE	1 TBSP	5	13	*N/A*	0.0	0.2	0.4	0.05	0.00
MUSTARD	1 TBSP	0	17	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		596	676	*24	28.32	73.77	20.76	6.57	0.00
% of Calories				*15.8%	19.0%	49.5%	31.4%	9.9%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 04/27/2017									
K5 Lunch									
	Total								
MAC & ALFREDO w/CHICKEN:1%	1 cup	94	180	*0	6.0	10.52	3.15	1.56	0.00
SAND BURGER CAPRESE TURKY:K12	1 burger	93	234	*1	7.01	8.49	4.09	1.03	0.00
SAND FT GARDEN:K5	1 sandwich	132	429	2	6.83	11.36	7.18	3.30	0.00
KALE SAUTEED:K5 oven	1/2 cup	40	122	*0	2.02	6.21	1.59	0.14	0.00
SALAD MIX	1 CUP	2	5	0	0.21	0.42	0.02	0.00	0.00
CORN ROASTED	1/2 cup	15	0	*N/A*	0.45	2.85	0.15	0.00	0.00
BEANS PLAIN Black:m/ma	1/2 cup	23	27	0	1.36	4.47	0.1	0.00	0.00
TOMATO DICED	1/2 cup	2	1	0	0.11	0.46	0.02	0.00	0.00
PINEAPPLE TIDBITS CND	1/2 CUP	34	0	7	0.0	7.71	0.0	0.00	0.00
ORANGE BITES:138ct	1/2 cup	31	0	*N/A*	0.63	7.83	0.08	0.01	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
MUSTARD	1 TBSP	0	13	0	0.0	0.0	0.0	0.00	0.00
MAYONNAISE	1 TBSP	4	10	*N/A*	0.0	0.16	0.32	0.04	0.00
Weighted Daily Average		580	1132	*23	32.60	73.18	19.16	7.37	0.00
% of Calories				*16.2%	22.5%	50.4%	29.7%	11.4%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 04/28/2017									
K5 Lunch	Total								
MEATLOAF TURK CHIPOTLE BBQ:K12	1 meatloaf	73	299	*2	7.23	6.4	2.33	0.77	0.00
ROLL DINNER:1G	1 roll	25	20	*N/A*	1.05	4.2	0.45	0.08	0.00
Chef's Special:K5	1 Each	69	119	1	4.5	8.1	2.1	0.60	0.00
Chef's Special Sandwich:K5	1 sandwich	88	376	1	6.05	8.11	3.94	1.67	0.00
POTATO MASHED:instant	3/4 cup	84	90	1	1.53	16.02	1.14	0.76	0.00
SALAD MIX	1 CUP	2	5	0	0.21	0.42	0.02	0.00	0.00
BEANS PLAIN Black:m/ma	1/2 cup	23	27	0	1.36	4.47	0.1	0.00	0.00
CORN ROASTED	1/2 cup	15	0	*N/A*	0.45	2.85	0.15	0.00	0.00
TOMATO DICED	1/2 cup	2	1	0	0.11	0.46	0.02	0.00	0.00
BANANAS PETITE:150ct	1 EACH	53	1	*N/A*	0.64	13.48	0.19	0.06	0.00
RAISINS	1/4 cup	58	4	*N/A*	0.45	13.95	0.0	0.00	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
MAYONNAISE	1 TBSP	5	13	*N/A*	0.0	0.2	0.4	0.05	0.00
MUSTARD	1 TBSP	0	17	0	0.0	0.0	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
KETCHUP	1 TBSP	6	48	*N/A*	0.0	1.5	0.0	0.00	0.00
Weighted Daily Average		612	1128	*18	31.58	92.86	13.31	5.27	0.00
% of Calories				*11.6%	20.6%	60.7%	19.6%	7.8%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

Weighted Average		596	1007	*25 *37.1%	31.46 21.1%	79.26 53.2%	17.77 26.8%	6.41 9.7%	0.00 0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	596		550 - 650	100%				
Sodium (mg)	1007		1230					
Sugars (g)	25	16.51%			Missing			
Protein (g)	31.46	21.12%						
Carbohydrate (g)	79.26	53.20%						
Total Fat (g)	17.77	26.83%						
Saturated Fat (g)	6.41	9.68%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/01/2017									
K5 Lunch	Total								
SPAGHETTI w/MEATBALLS:DCPS	pasta + sauce	115	203	*1	7.78	16.12	2.59	0.45	0.00
ROLL DINNER:1G	1 roll	34	27	*N/A*	1.4	5.6	0.6	0.10	0.00
SAND BURGER BEEF:K5	1 burger	92	158	1	6.0	10.8	2.8	0.80	0.00
SALAD FT GARDEN:K5	1 salad	35	117	*1	2.05	1.45	2.41	1.17	0.00
ROLL DINNER:1G	1 roll	17	13	*N/A*	0.7	2.8	0.3	0.05	0.00
VEGGIES ROASTED TUSCAN:m/ma	1/2 cup	26	99	*0	1.75	4.65	0.05	0.02	0.00
SALAD Spinach MIX Salad Bar	1 CUP	6	12	0	0.53	1.05	0.06	0.01	0.00
BEANS INDIAN:veg	1/2 cup	53	37	*2	1.7	8.92	1.4	0.09	0.00
CARROTS BABY FRESH	1/2 cup	12	27	2	0.22	2.89	0.04	0.01	0.00
BROCCOLI FRESH	1/2 CUP	7	7	0	0.62	1.46	0.08	0.01	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
PEACHES DICED CND	1/2 CUP	25	5	5	0.0	6.0	0.0	0.00	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
MUSTARD	1 TBSP	0	17	0	0.0	0.0	0.0	0.00	0.00
KETCHUP	1 TBSP	2	16	*N/A*	0.0	0.5	0.0	0.00	0.00
LETTUCE SHRED	1/2 cup	0	0	*N/A*	0.04	0.08	0.01	0.00	0.00
MAYONNAISE	1 TBSP	5	13	*N/A*	0.0	0.2	0.4	0.05	0.00
Weighted Daily Average		563	867	*24	31.50	82.04	12.91	3.99	0.00
% of Calories				*17.2%	22.4%	58.3%	20.6%	6.4%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/02/2017									
K5 Lunch	Total								
COUSCOUS MOROCCAN CHICKEN:DCPS	1 bowl	140	210	*4	10.29	18.01	3.03	0.86	0.00
BREADSTICK CINNAMON WHEEL	1 wheel	37	43	*1	1.2	6.72	0.69	0.13	0.00
SAND HOT SLOPPY JOE:DCPS	1 sandwich	108	347	*3	8.48	14.37	2.72	0.64	0.00
SALAD FT SPINACH:K5	1 salad	29	46	*0	2.28	2.29	1.28	0.51	0.00
ROLL DINNER:1G	1 roll	17	13	*N/A*	0.7	2.8	0.3	0.05	0.00
CARROTS CITRUS GLAZED	1/2 cup	26	38	4	0.31	6.27	0.06	0.01	0.00
SALAD MIX	1 CUP	6	12	0	0.53	1.04	0.06	0.01	0.00
CARROTS BABY FRESH	1/2 cup	12	27	2	0.22	2.89	0.04	0.01	0.00
BEANS INDIAN:veg	1/2 cup	53	37	*2	1.7	8.92	1.4	0.09	0.00
BROCCOLI FRESH	1/2 CUP	7	7	0	0.62	1.46	0.08	0.01	0.00
APPLESAUCE CUP Cinnamon	1 CUP	25	8	6	0.0	7.0	0.0	0.00	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
MUSTARD	1 TBSP	0	13	0	0.0	0.0	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
MAYONNAISE	1 TBSP	4	10	*N/A*	0.0	0.16	0.32	0.04	0.00
Weighted Daily Average		604	936	*34	35.06	91.56	12.61	3.67	0.00
% of Calories				*22.5%	23.2%	60.6%	18.8%	5.5%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

Wed - 05/03/2017									
K5 Lunch	Total								
CHICKEN & WAFFLES:DCPS	waffle + chix	140	325	2	11.18	13.26	4.69	0.86	0.00
SAND HOT HAM & CHEESE:onsite	1 sandwich	104	357	2	8.43	11.46	3.4	1.11	0.00
SAND COLD SB&J:K12	1 sandwich	115	104	*2	4.0	10.22	6.8	0.80	0.00
COLLARD GREENS: from frozen	1/2 cup	68	87	*0	3.04	7.76	3.6	1.51	0.00
SALAD MIX	1/2 CUP	3	6	0	0.27	0.52	0.03	0.00	0.00
CARROTS BABY FRESH	1/2 cup	12	27	2	0.22	2.89	0.04	0.01	0.00
BEANS INDIAN:veg	3/4 cup	80	55	*3	2.55	13.37	2.11	0.13	0.00
BROCCOLI FRESH	1/2 CUP	7	7	0	0.62	1.46	0.08	0.01	0.00
PINEAPPLE TIDBITS CND	1/2 CUP	34	0	7	0.0	7.71	0.0	0.00	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		701	1092	*30	39.02	88.30	23.37	5.75	0.00
% of Calories				*17.0%	22.3%	50.4%	30.0%	7.4%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

Thu - 05/04/2017									
K5 Lunch	Total								
PIZZA SMART HAWAIIAN:K8	1 slice	130	267	6	6.98	15.61	4.69	1.70	0.00
PIZZA SMART CHEESE:K8	1 slice	120	232	6	6.0	14.8	4.4	1.60	0.00
SALAD FT CHICKEN DIPPER:DC-612	1 salad	37	66	*1	3.78	2.24	1.55	0.73	0.00
ROLL DINNER:1G	1 roll	17	13	*N/A*	0.7	2.8	0.3	0.05	0.00
SALAD SIDE WHITE BEAN & JICAMA	2/3 cup	66	63	*0	1.54	7.33	3.8	0.28	0.00
SALAD Spinach MIX Salad Bar	1 CUP	6	12	0	0.53	1.05	0.06	0.01	0.00
CARROTS BABY FRESH	1/2 cup	12	27	2	0.22	2.89	0.04	0.01	0.00
BEANS INDIAN:veg	3/4 cup	80	55	*3	2.55	13.37	2.11	0.13	0.00
BROCCOLI FRESH	1/2 CUP	7	7	0	0.62	1.46	0.08	0.01	0.00
FRUIT CUP Mixed	1 Cup	35	13	6	0.0	8.0	0.0	0.00	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
Weighted Daily Average		649	879	*36	31.64	89.19	19.64	5.82	0.00
% of Calories				*22.4%	19.5%	55.0%	27.3%	8.1%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/05/2017									
K5 Lunch									
	Total								
EGG SCRAMBLED:K12	1.6 oz	37	34	*N/A*	3.15	0.0	2.37	0.79	0.00
PANCAKES:2G	2 pancakes	61	88	1	1.33	10.93	1.6	0.27	0.00
Chef's Special:K5	1 Each	92	158	1	6.0	10.8	2.8	0.80	0.00
Chef's Special:K5	1 Each	46	79	1	3.0	5.4	1.4	0.40	0.00
POTATO WEDGE	3/4 cup	105	120	*N/A*	1.5	18.78	2.63	0.38	0.00
SALAD Spinach MIX Salad Bar	1 CUP	6	12	0	0.53	1.05	0.06	0.01	0.00
CARROTS BABY FRESH	1/2 cup	12	27	2	0.22	2.89	0.04	0.01	0.00
BEANS INDIAN:veg	3/4 cup	80	55	*3	2.55	13.37	2.11	0.13	0.00
BROCCOLI FRESH	1/2 CUP	7	7	0	0.62	1.46	0.08	0.01	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
JUICE ORANGE 100%	4 oz cup	30	0	6	0.0	7.0	0.0	0.00	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
MUSTARD	1 TBSP	0	17	0	0.0	0.0	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
KETCHUP	1 TBSP	2	16	*N/A*	0.0	0.5	0.0	0.00	0.00
MAYONNAISE	1 TBSP	4	10	*N/A*	0.0	0.16	0.32	0.04	0.00
SYRUP PANCAKE CUP	1 cup	12	0	*N/A*	0.0	3.07	0.0	0.00	0.00
MUSTARD	1 TBSP	0	13	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		633	760	*26	27.63	95.05	16.02	4.14	0.00
% of Calories				*16.7%	17.5%	60.1%	22.8%	5.9%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

Weighted Average		630	907	*30 *43.1%	32.97 20.9%	89.23 56.7%	16.91 24.2%	4.68 6.7%	0.00 0.0%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	630		550 - 650	100%				
Sodium (mg)	907		1230					
Sugars (g)	30	19.16%			Missing			
Protein (g)	32.97	20.93%						
Carbohydrate (g)	89.23	56.66%						
Total Fat (g)	16.91	24.16%						
Saturated Fat (g)	4.68	6.68%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/08/2017									
K5 Lunch	Total								
RAVIOLI MINI CHEESE:DCPS	ravioli+cheese	148	330	*1	9.88	16.56	4.5	2.65	0.00
ROLL DINNER:1G	1 roll	34	27	*N/A*	1.4	5.6	0.6	0.10	0.00
SAND BURGER BEEF w/CHEESE:K5	1 burger	112	261	1	7.01	10.8	4.62	1.81	0.00
SAND FT Cured Turkey:K5	1 sandwich	59	225	1	4.17	5.13	2.81	1.21	0.00
BEANS GREEN	3/4 CUP	17	0	*N/A*	0.56	2.81	0.0	0.00	0.00
SALAD MIX	1 CUP	6	12	0	0.53	1.04	0.06	0.01	0.00
CUCUMBER SLICES	1/2 cup	5	1	1	0.22	1.23	0.04	0.01	0.00
CARROTS BABY FRESH	1/2 cup	12	27	2	0.22	2.89	0.04	0.01	0.00
TOMATO CHERRY	3/4 cup	10	3	1	0.49	2.19	0.11	0.02	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
APRICOT HALVES IN JUICE	1/2 cup	29	17	*N/A*	0.0	6.88	0.0	0.00	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
MUSTARD	1 TBSP	0	17	0	0.0	0.0	0.0	0.00	0.00
MAYONNAISE	1 TBSP	5	13	*N/A*	0.0	0.2	0.4	0.05	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
KETCHUP	1 TBSP	2	16	*N/A*	0.0	0.5	0.0	0.00	0.00
Weighted Daily Average		577	1071	*19	33.21	75.47	15.80	7.18	0.00
% of Calories				*13.5%	23.0%	52.3%	24.6%	11.2%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/09/2017									
K5 Lunch	Total								
PIZZA SMART Turk SAUSAGE:K8	1 slice	136	273	*6	8.34	14.8	5.21	1.87	0.00
PIZZA SMART CHEESE:K8	1 slice	120	232	6	6.0	14.8	4.4	1.60	0.00
SALAD FT CHICKEN DIPPER:DC-K5	1 salad	30	53	*0	2.97	1.7	1.37	0.69	0.00
ROLL DINNER:2G	1 roll	34	27	1	1.4	5.58	0.6	0.10	0.00
SALAD SIDE CORN TOMATO & BASIL	1/2 cup	52	51	*2	1.73	10.27	0.51	0.02	0.00
SALAD MIX	1/2 CUP	3	6	0	0.27	0.52	0.03	0.00	0.00
CUCUMBER SLICES	1/2 cup	5	1	1	0.22	1.23	0.04	0.01	0.00
CARROTS BABY FRESH	1/2 cup	12	27	2	0.22	2.89	0.04	0.01	0.00
TOMATO CHERRY	1/2 cup	7	2	1	0.33	1.46	0.07	0.01	0.00
APPLESAUCE CUP Original	1 CUP	25	8	6	0.0	7.0	0.0	0.00	0.00
GRAPES WHOLE	1/2 cup	28	1	7	0.27	7.29	0.15	0.05	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
MAYONNAISE	1 TBSP	5	13	*N/A*	0.0	0.2	0.4	0.05	0.00
MUSTARD	1 TBSP	0	17	0	0.0	0.0	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
LETTUCE SHRED	1/2 cup	0	0	*N/A*	0.04	0.08	0.01	0.00	0.00
Weighted Daily Average		567	821	*42	29.79	80.53	15.28	5.69	0.00
% of Calories				*29.8%	21.0%	56.8%	24.2%	9.0%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/10/2017									
K5 Lunch	Total								
STEW Celery & White Bean:K12	soup+bean	106	287	*0	5.48	12.16	4.6	2.06	0.00
Polenta CHEESY	2/3 cup	91	102	*0	3.36	11.29	3.71	1.88	0.00
ROLL DINNER:2G	1 roll	68	54	1	2.79	11.17	1.2	0.20	0.00
WRAP FT TURKEY:K5	1 wrap	75	258	1	3.85	5.82	3.95	1.47	0.00
BROCCOLI TREES:roasted	1/2 cup	30	18	1	1.65	4.1	1.31	0.10	0.00
CRANBERRIES DRIED	1/4 cup	71	0	*N/A*	0.0	18.05	0.0	0.00	0.00
PLUM WHOLE	1 EACH	29	1	*N/A*	0.14	7.63	0.09	0.02	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
Weighted Daily Average		574	822	*15	25.27	82.83	16.86	6.93	0.00
% of Calories				*10.5%	17.6%	57.7%	26.4%	10.9%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/11/2017									
K5 Lunch	Total								
CHICKEN BBQ Drumstick:K12	1 drumstick	106	131	1	9.96	1.87	6.85	1.56	0.00
RICE PILAF	2/3 cup	54	127	1	1.42	11.47	0.39	0.01	0.00
BREADSTICK CINNAMON WHEEL	1 wheel	37	43	*1	1.2	6.72	0.69	0.13	0.00
SAND HOT SLOPPY VEG:K12	1 sandwich	115	440	*3	7.22	19.8	1.64	0.17	0.00
SALAD FT TUNA:K5	1 salad	18	83	*0	3.27	1.33	0.04	0.01	0.00
ROLL DINNER:2G	1 roll	34	27	1	1.4	5.58	0.6	0.10	0.00
CORN ROASTED	1/2 cup	75	0	*N/A*	2.25	14.26	0.75	0.00	0.00
SALAD MIX	1/2 CUP	3	6	0	0.27	0.52	0.03	0.00	0.00
CUCUMBER SLICES	1/2 cup	5	1	1	0.22	1.23	0.04	0.01	0.00
CARROTS BABY FRESH	1/2 cup	12	27	2	0.22	2.89	0.04	0.01	0.00
TOMATO CHERRY	1/2 cup	7	2	1	0.33	1.46	0.07	0.01	0.00
FRUIT CUP Mixed	1 Cup	35	13	6	0.0	8.0	0.0	0.00	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
MILK WHITE 1%	1 half pint	22	20	3	1.6	2.6	0.5	0.30	0.00
MILK WHITE NONFAT	1 half pint	64	88	8	6.4	8.8	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
Weighted Daily Average		621	1028	*26	36.48	93.58	12.26	2.43	0.00
% of Calories				*17.0%	23.5%	60.3%	17.8%	3.5%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/12/2017									
K5 Lunch									
	Total								
TACO CHICKEN FLOUR:K8	1 taco	136	215	*1	9.8	10.8	5.94	2.61	0.00
Chef's Special:K5	1 Each	92	158	1	6.0	10.8	2.8	0.80	0.00
Chef's Special:K5	1 Each	46	79	1	3.0	5.4	1.4	0.40	0.00
BEANS SW PINTO:veg	3/4 cup	103	390	*0	5.82	17.17	1.09	0.01	0.00
SALAD MIX	1 CUP	6	12	0	0.53	1.04	0.06	0.01	0.00
CUCUMBER SLICES	1/2 cup	5	1	1	0.22	1.23	0.04	0.01	0.00
CARROTS BABY FRESH	1/2 cup	12	27	2	0.22	2.89	0.04	0.01	0.00
TOMATO CHERRY	3/4 cup	10	3	1	0.49	2.19	0.11	0.02	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
BANANAS PETITE:150ct	1 EACH	53	1	*N/A*	0.64	13.48	0.19	0.06	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
SALSA BASE:cnd	1/8 cup	2	10	*0	0.09	0.46	0.0	0.00	0.00
LETTUCE SHRED	1/2 cup	0	0	*N/A*	0.04	0.08	0.01	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
Weighted Daily Average		604	1019	*19	35.57	85.18	14.30	5.25	0.00
% of Calories				*12.7%	23.6%	56.4%	21.3%	7.8%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

Weighted Average		589	952	*24	32.06	83.52	14.90	5.50	0.00
				*37.4%	21.8%	56.7%	22.8%	8.4%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	589		550 - 650	100%				
Sodium (mg)	952		1230					
Sugars (g)	24	16.62%			Missing			
Protein (g)	32.06	21.78%						
Carbohydrate (g)	83.52	56.73%						
Total Fat (g)	14.90	22.77%						
Saturated Fat (g)	5.50	8.40%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/15/2017									
K5 Lunch									
	Total								
SAND GRILLED CHEESE COMMODITY	1 sandwich	112	232	2	7.6	15.2	3.6	2.40	0.00
SAND BURGER CHIPOTLE CKN:DCPS	1 burger	54	120	*1	2.5	10.52	0.81	0.00	0.00
SAND FT AMERICAN:K5	1 sandwich	59	238	1	4.1	5.27	2.72	1.16	0.00
SQUASH Roasted ZUCCHINI	1/2 cup	12	6	*N/A*	0.86	2.21	0.23	0.06	0.00
SALAD SIDE KALE	1/2 cup	23	77	*0	0.28	1.83	1.82	0.13	0.00
TOMATO CHERRY	1/2 cup	7	2	1	0.33	1.46	0.07	0.01	0.00
SALAD SIDE CURRIED CHICKPS:veg	1/2 cup	136	159	*0	4.35	14.65	7.12	0.42	0.00
CUCUMBER SLICES	1/2 cup	5	1	1	0.22	1.23	0.04	0.01	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
PEARS DICED CND	1/2 CUP	30	5	6	0.0	7.0	0.0	0.00	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
LETTUCE SHRED	1/2 cup	0	0	*N/A*	0.03	0.07	0.01	0.00	0.00
MAYONNAISE	1 TBSP	4	10	*N/A*	0.0	0.16	0.32	0.04	0.00
MUSTARD	1 TBSP	0	17	0	0.0	0.0	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	10	15	0	0.0	0.2	0.9	0.15	0.00
SAUCE CLASSIC BBQ	1/8 cup	3	32	*0	0.07	0.56	0.0	0.00	0.00
Weighted Daily Average		587	1028	*25	29.06	79.91	19.79	5.63	0.00
% of Calories				*16.8%	19.8%	54.4%	30.3%	8.6%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/16/2017									
K5 Lunch	Total								
PENNE BAKED:DCPS	1 cup	247	541	*1	16.51	17.19	11.98	6.95	0.00
FLATBREAD SEASONED:1G	1 flatbread	39	58	*0	1.03	5.36	1.51	0.24	0.00
SAND HOT FISH PO BOY:DCPS	1 sandwich	72	116	*1	7.63	8.86	1.01	0.00	0.00
SAND FT ITALIAN:K5	1 sandwich	48	154	*1	3.3	5.34	2.06	0.65	0.00
BROCCOLI TREES:roasted	1/2 cup	15	9	0	0.82	2.05	0.65	0.05	0.00
SALAD SIDE Kale	1/2 cup	22	77	*0	0.28	1.82	1.81	0.13	0.00
SALAD SIDE CURRIED CHICKPS:veg	1/2 cup	27	32	*0	0.87	2.93	1.42	0.08	0.00
CUCUMBER SLICES	1/2 cup	2	0	0	0.09	0.49	0.01	0.01	0.00
TOMATO CHERRY	1/2 cup	7	2	1	0.33	1.46	0.07	0.01	0.00
APPLESAUCE CUP Original	1 CUP	25	8	6	0.0	7.0	0.0	0.00	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
MILK WHITE 1%	1 half pint	22	20	3	1.6	2.6	0.5	0.30	0.00
MILK WHITE NONFAT	1 half pint	64	88	8	6.4	8.8	0.0	0.00	0.00
MAYONNAISE	1 TBSP	4	10	*N/A*	0.0	0.16	0.32	0.04	0.00
LETTUCE SHRED	1/2 cup	0	0	*N/A*	0.03	0.07	0.01	0.00	0.00
MUSTARD	1 TBSP	0	13	0	0.0	0.0	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	4	6	0	0.0	0.08	0.36	0.06	0.00
Weighted Daily Average		628	1149	*21	39.61	71.14	21.88	8.57	0.00
% of Calories				*13.5%	25.2%	45.3%	31.3%	12.3%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

Wed - 05/17/2017									
K5 Lunch	Total								
PIZZA SMART Turk PEPPERONI:K8	1 slice	185	432	7	13.0	16.3	7.4	2.85	0.00
PIZZA SMART CHEESE:K8	1 slice	120	232	6	6.0	14.8	4.4	1.60	0.00
SALAD FT CHICKEN DIPPER:DC-K5	1 salad	30	53	*0	2.97	1.7	1.37	0.69	0.00
ROLL DINNER:2G	1 roll	34	27	1	1.4	5.58	0.6	0.10	0.00
BEANS FIRE ROASTED:veg	2/3 cup	45	109	*0	1.36	2.62	3.37	0.75	0.00
SALAD SIDE KALE	1 cup	9	31	*0	0.11	0.73	0.73	0.05	0.00
TOMATO CHERRY	1/2 cup	1	0	0	0.07	0.29	0.01	0.00	0.00
SALAD SIDE CURRIED CHICKPS:veg	3/4 cup	41	48	*0	1.3	4.39	2.13	0.12	0.00
CUCUMBER SLICES	3/4 cup	2	0	0	0.07	0.37	0.01	0.00	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
RAISINS	1/4 cup	58	4	*N/A*	0.45	13.95	0.0	0.00	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		664	1061	*26	35.44	80.39	22.63	7.49	0.00
% of Calories				*15.6%	21.4%	48.4%	30.7%	10.2%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

Thu - 05/18/2017									
K5 Lunch	Total								
STIR FRY VEG SWT-SOUR:G912	1/2 cup	56	110	8	0.3	11.68	1.05	0.05	0.00
CHICKEN DIPPERS:DCPS	5 nuggets	60	129	0	9.18	0.46	2.29	0.46	0.00
RICE BROWN CKD:K12	1/2 cup	47	1	0	1.1	10.2	0.28	0.00	0.00
SAND HOT SLOPPY JOE:K12-JTM	1 sandwich	117	273	*2	8.29	15.12	3.29	0.95	0.00
SAND COLD SB&J:K12	1 sandwich	115	104	*2	4.0	10.22	6.8	0.80	0.00
VEGGIES ROASTED ASIAN	1/2 cup	43	12	*1	2.38	4.72	2.23	0.10	0.00
SALAD SIDE Kale	1/2 cup	9	31	*0	0.11	0.73	0.73	0.05	0.00
TOMATO CHERRY	1/2 cup	3	1	0	0.13	0.58	0.03	0.00	0.00
SALAD SIDE CURRIED CHICKPS:veg	1/2 cup	27	32	*0	0.87	2.93	1.42	0.08	0.00
CUCUMBER SLICES	1/2 cup	1	0	0	0.04	0.25	0.01	0.00	0.00
FRUIT CUP Mixed	1 Cup	35	13	6	0.0	8.0	0.0	0.00	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
Weighted Daily Average		650	827	*32	35.13	84.53	20.74	3.82	0.00
% of Calories				*19.8%	21.6%	52.0%	28.7%	5.3%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/19/2017									
K5 Lunch									
Total									
NACHOS CHICKEN & CHEESE:K12	1 nacho	151	286	*1	8.26	13.12	7.47	2.46	0.00
Chef's Special:K5	1 Each	92	158	1	6.0	10.8	2.8	0.80	0.00
Chef's Special:K5	1 Each	46	79	1	3.0	5.4	1.4	0.40	0.00
CORN ROASTED	3/4 cup	56	0	*N/A*	1.69	10.7	0.56	0.00	0.00
SALAD SIDE Kale	1/2 cup	9	31	*0	0.11	0.73	0.73	0.05	0.00
TOMATO CHERRY	1/2 cup	3	1	0	0.13	0.58	0.03	0.00	0.00
SALAD SIDE CURRIED CHICKPS:veg	3/4 cup	41	48	*0	1.3	4.39	2.13	0.12	0.00
CUCUMBER SLICES	3/4 cup	2	0	0	0.07	0.37	0.01	0.00	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
BANANAS PETITE:150ct	1 EACH	53	1	*N/A*	0.64	13.48	0.19	0.06	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
MAYONNAISE	1 TBSP	4	10	*N/A*	0.0	0.16	0.32	0.04	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
MUSTARD	1 TBSP	0	13	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average		594	750	*15	29.92	79.37	18.26	5.27	0.00
% of Calories				*10.2%	20.2%	53.5%	27.7%	8.0%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

Weighted Average		625	963	*24	33.83	79.07	20.66	6.15	0.00
				*34.4%	21.7%	50.6%	29.8%	8.9%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	625		550 - 650	100%				
Sodium (mg)	963		1230					
Sugars (g)	24	15.27%			Missing			
Protein (g)	33.83	21.67%						
Carbohydrate (g)	79.07	50.64%						
Total Fat (g)	20.66	29.77%						
Saturated Fat (g)	6.15	8.87%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/22/2017									
K5 Lunch	Total								
PIZZA SMART Turk SAUSAGE:K8	1 slice	136	273	*6	8.34	14.8	5.21	1.87	0.00
PIZZA SMART CHEESE:K8	1 slice	120	232	6	6.0	14.8	4.4	1.60	0.00
SALAD FT CAESAR:G612	1 salad	36	91	*0	3.97	1.98	1.63	0.41	0.00
ROLL DINNER:2G	1 roll	34	27	1	1.4	5.58	0.6	0.10	0.00
VEGGIES ROASTED	3/4 cup	29	78	*2	1.17	6.15	0.25	0.06	0.00
CELERY STICKS	1/2 cup	4	18	0	0.15	0.66	0.04	0.01	0.00
CARROTS BABY FRESH	1/2 cup	7	16	1	0.13	1.73	0.03	0.00	0.00
BROCCOLI FRESH	1/2 CUP	7	7	0	0.62	1.46	0.08	0.01	0.00
TOMATO CHERRY	1/2 cup	3	1	0	0.13	0.58	0.03	0.00	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
PEACHES DICED CND	1/2 CUP	25	5	5	0.0	6.0	0.0	0.00	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
Weighted Daily Average		539	872	*33	30.64	73.38	14.87	5.38	0.00
% of Calories				*24.4%	22.7%	54.4%	24.8%	9.0%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/23/2017									
K5 Lunch	Total								
NACHOS SW BEAN:DCPS	1 nacho	149	231	*0	3.67	19.97	5.92	2.52	0.00
SAND BURGER BEEF w/CHEESE:K5	1 burger	112	261	1	7.01	10.8	4.62	1.81	0.00
WRAP FT CAESAR:K5	1 wrap	67	135	1	4.73	5.58	2.94	0.79	0.00
POTATO SWT WEDGE	3/4 cup	122	152	6	1.22	18.25	4.26	0.61	0.00
CELERY STICKS	1/2 cup	1	6	0	0.05	0.22	0.01	0.00	0.00
CARROTS BABY FRESH	1/2 cup	5	11	1	0.09	1.16	0.02	0.00	0.00
BROCCOLI FRESH	1/2 CUP	3	3	0	0.25	0.58	0.03	0.00	0.00
TOMATO CHERRY	1/2 cup	1	0	0	0.07	0.29	0.01	0.00	0.00
APPLESAUCE CUP Cinnamon	1 CUP	25	8	6	0.0	7.0	0.0	0.00	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
MAYONNAISE	1 TBSP	5	13	*N/A*	0.0	0.2	0.4	0.05	0.00
MUSTARD	1 TBSP	0	17	0	0.0	0.0	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
LETTUCE SHRED	1/2 cup	0	0	*N/A*	0.04	0.08	0.01	0.00	0.00
KETCHUP	1 TBSP	2	16	*N/A*	0.0	0.5	0.0	0.00	0.00
Weighted Daily Average		630	975	*27	25.84	84.27	20.84	7.11	0.00
% of Calories				*17.3%	16.4%	53.5%	29.8%	10.2%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/24/2017									
K5 Lunch	Total								
MAC & CHEESE:K12-1%	2/3 cup	102	235	3	5.02	11.96	3.85	1.86	0.00
BREADSTICK GARLIC KNOTS	1 knot	29	30	*0	0.93	4.64	0.76	0.03	0.00
TURKEY SUDANESE:DCPS	2/3 cup	26	80	*1	3.73	2.32	0.41	0.12	0.00
RICE BROWN CKD:K12	1/2 cup	23	0	0	0.55	5.1	0.14	0.00	0.00
SALAD FT CHICKEN DIPPER:DC-K5	1 salad	30	53	*0	2.97	1.7	1.37	0.69	0.00
ROLL DINNER:2G	1 roll	34	27	1	1.4	5.58	0.6	0.10	0.00
PEAS GREEN:from frozen	3/4 cup	56	159	3	3.98	9.56	0.0	0.00	0.00
CELERY STICKS	1/2 cup	2	12	0	0.1	0.44	0.03	0.01	0.00
CARROTS BABY FRESH	1/2 cup	5	11	1	0.09	1.16	0.02	0.00	0.00
BROCCOLI FRESH	1/2 CUP	7	7	0	0.62	1.46	0.08	0.01	0.00
TOMATO CHERRY	1/2 cup	1	0	0	0.07	0.29	0.01	0.00	0.00
PINEAPPLE TIDBITS CND	1/2 CUP	34	0	7	0.0	7.71	0.0	0.00	0.00
BANANAS PETITE:150ct	1 EACH	53	1	*N/A*	0.64	13.48	0.19	0.06	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00
Weighted Daily Average		511	725	*28	28.10	78.11	9.91	4.16	0.00
% of Calories				*22.2%	22.0%	61.1%	17.4%	7.3%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/25/2017									
K5 Lunch	Total								
STIR FRY VEG TERIYAKI:G912	1/2 cup	88	773	*1	1.68	19.48	0.51	0.04	0.00
CHICKEN DIPPERS:DCPS	5 nuggets	60	129	0	9.18	0.46	2.29	0.46	0.00
RICE BROWN CKD:K12	1/2 cup	47	1	0	1.1	10.2	0.28	0.00	0.00
SAND BRKFST BAGEL HAM:K12	1 sandwich	127	327	*0	6.03	15.67	4.95	1.72	0.00
SAND COLD SB&J:K12	1 sandwich	115	104	*2	4.0	10.22	6.8	0.80	0.00
CARROTS:oven	1/2 cup	5	11	1	0.09	1.16	0.02	0.00	0.00
CELERY STICKS	1/2 cup	2	12	0	0.1	0.44	0.03	0.01	0.00
CARROTS BABY FRESH	1/2 cup	5	11	1	0.09	1.16	0.02	0.00	0.00
BROCCOLI FRESH	1/2 CUP	3	3	0	0.25	0.58	0.03	0.00	0.00
TOMATO CHERRY	1/2 cup	1	0	0	0.07	0.29	0.01	0.00	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
JUICE ORANGE 100%	4 oz cup	30	0	6	0.0	7.0	0.0	0.00	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	5	8	0	0.0	0.1	0.45	0.08	0.00

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average		622	1494	*23	31.30	86.30	17.55	4.36	0.00
% of Calories				*14.6%	20.1%	55.5%	25.4%	6.3%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

Fri - 05/26/2017									
K5 Lunch	Total								
CHICKEN Classic Drumstick:K12	1 drumstick	100	199	0	9.96	1.24	6.22	1.56	0.00
RICE SPANISH	2/3 cup	66	108	*0	1.65	12.75	1.11	0.06	0.00
BREADSTICK:K12	1 breadstick	32	40	*N/A*	1.2	6.0	0.4	0.00	0.00
Chef's Special:K5	1 Each	92	158	1	6.0	10.8	2.8	0.80	0.00
Chef's Special:K5	1 Each	46	79	1	3.0	5.4	1.4	0.40	0.00
BEANS SEASONED BLACK K5:veg	3/4 cup	45	51	*1	2.52	8.87	0.2	0.01	0.00
CELERY STICKS	1/2 cup	2	12	0	0.1	0.44	0.03	0.01	0.00
CARROTS BABY FRESH	1/2 cup	5	11	1	0.09	1.16	0.02	0.00	0.00
BROCCOLI FRESH	1/2 CUP	7	7	0	0.62	1.46	0.08	0.01	0.00
TOMATO CHERRY	1/2 cup	1	0	0	0.07	0.29	0.01	0.00	0.00
Fruit Fresh Seasonal	1/2 cup	29	14	*N/A*	0.71	6.94	0.16	0.04	0.00
BANANAS PETITE:150ct	1 EACH	53	1	*N/A*	0.64	13.48	0.19	0.06	0.00
MILK WHITE 1%	1 half pint	88	80	10	6.4	10.4	2.0	1.20	0.00
MILK WHITE NONFAT	1 half pint	16	22	2	1.6	2.2	0.0	0.00	0.00
MUSTARD	1 TBSP	0	17	0	0.0	0.0	0.0	0.00	0.00
DRESSING RANCH	1 TBSP	7	11	0	0.0	0.15	0.68	0.11	0.00
MAYONNAISE	1 TBSP	5	13	*N/A*	0.0	0.2	0.4	0.05	0.00
Weighted Daily Average		595	823	*17	34.57	81.77	15.70	4.31	0.00
% of Calories				*11.4%	23.3%	55.0%	23.8%	6.5%	0.0%
Nutrient Guideline		550-650	1230					<10.00	

Weighted Average		579	978	*26	30.09	80.77	15.77	5.07	0.00
				*39.8%	20.8%	55.8%	24.5%	7.9%	0.0%

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Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Cals (kcal) % of Target	Sodm (mg) Miss Data	Sugars (g) Shortfall	Protn (g) Shortfall	Carb (g) Overage	T-Fat (g) Error Messages (if any)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	579		550 - 650	100%							
Sodium (mg)	978		1230								
Sugars (g)	26	17.70%			Missing						
Protein (g)	30.09	20.77%									
Carbohydrate (g)	80.77	55.76%									
Total Fat (g)	15.77	24.50%									
Saturated Fat (g)	5.07	7.87%	<10.00%								
Trans Fat ¹ (g)	0.00	0.00%									

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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