DCPS DYK Cafe Menu

August 15 - August 19

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

THRIVE

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

TRADITIONS

Daily Special/Everyday

MONDAY	Classic Roasted Turkey & Gravy with Mashed Potatoes
TUESDAY	Jamaican Jerk Lentils or Chicken Bowl
WEDNESDAY	Grilled Tender Chicken with Whole
THURSDAY	Oven Baked Cheesy Lasagna Roll
FRIDAY	Xi Hong Shi Chao Ji Dan w Rice

STACKS

Daily Special/Everyday

American, Turkey or Turkey Ham Salad, Sandwich or Wrap

MONDAY	Classic Chef Salad, Sandwich or Wrap
TUESDAY	Chicken Caesar Salad, Sandwich or Wrap
WEDNESDAY	Italian-style Salad, Sandwich or Wrap
THURSDAY	Asian Salad, Sandwich or Wrap
FRIDAY	Spinach Salad, Sandwich or Wrap

FAST TAKES

Daily Special/Everyday

American, Turkey, Turkey Ham Wraps, Sandwiches and Subs

Chef, Spinach, Chicken Caesar Subs

MONDAY	Hot Mustard or Zesty Italian Sub
TUESDAY	Chef Salad Wrap or American Sub
WEDNESDAY	Caesar Wrap, Sunny Apple Sandwich, BBQ Salad
THURSDAY	Turkey Wrap, Egg Salad Sand, Brushetta Bean Dip with Tortilla Chips
FRIDAY	Spinach Wrap, Turkey Caprese Biggie Sandwich, Tuna Salad

THRIVE

MONDAY	Spinach Salad Mix Baby Carrots Indian Style Garbanzo Beans Cucumber Slices Diced Tomatoes Fresh Apples Chilled Pears
TUESDAY	Caesar Salad Mix Baby Carrots Indian Style Garbanzo Beans Aztec
WEDNESDAY	Spinach Salad Mix Carrot Escabeche
THURSDAY	Caesar Salad Mix Baby Carrots Indian Style Garbanzo Beans Aztec
FRIDAY	Spinach Salad Mix Carrot Escabeche Indian Style Garbanzo Beans

REVOLVE

This Week's Feature:

Pepperoni or Margharita Pizza
Turkey Ham & Cheese or Traditional Hamburger
Twisted Turkey Dog or Maxi Mex Burger
Italian Turkey Sausage or
Cheese Pizza
Memphis Meltdown Turkey BBQ Sandwich or Atomic Cheeseburger

DYK cafe