

# DCPS DYK Cafe Menu

## August 22 - August 26

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

### Daily Special/Everyday



- MONDAY** Mexican Studded Bean Burrito
- TUESDAY** Alaskan Pollock Tacos with Mexican Slaw & Flatbread
- WEDNESDAY** Jamaican Jerk Chicken Quesadilla & Garlic Knot
- THURSDAY** Tangy Barbecue Chicken with Cuban Style Brown Rice
- FRIDAY** Spaghetti with Tuscan Meatballs & Roll

### Daily Special/Everyday

*American, Turkey or Turkey Ham Salad, Sandwich or Wrap*



- MONDAY** Asian Salad, Sandwich or Wrap
- TUESDAY** Classic Chef Salad, Sandwich or Wrap
- WEDNESDAY** Chicken Caesar Salad, Sandwich or Wrap
- THURSDAY** Italian-style Salad, Sandwich or Wrap
- FRIDAY** Buffalo Chicken Salad



### Daily Special/Everyday

*American, Turkey, Turkey Ham Wraps, Sandwiches and Subs*

*Chef, Spinach, Chicken Caesar Subs*

- MONDAY** Baja Fish Wrap, Sunbutter & Jelly Sandwich
- TUESDAY** Chef Salad Wrap, Muffaletta Biggie Sandwich
- WEDNESDAY** Turkey Wrap, Alaskan Pollock Po' Boy Sandwich
- THURSDAY** Chicken Caesar Wrap, Garden Sub
- FRIDAY** Fiery Dragon Wrap, Turkey Caprese Biggie Sandwich



- MONDAY** Spinach Salad Mix Baby Carrots White Bean & Jicama Salad Cucumber Slices Diced Tomatoes Fresh Apples Chilled Applesauce
- TUESDAY** Super Salad Mix Baby Carrots White Bean & Jicama Salad Asian Slaw
- WEDNESDAY** Spinach Salad Mix Ginger Carrot
- THURSDAY** Super Salad Mix Baby Carrots White Bean & Jicama Salad Asian Slaw
- FRIDAY** Spinach Salad Mix Ginger Carrot Salad White Bean & Jicama Salad



### This Week's Feature:



- Tangy Turkey Katsu Sando
- Deluxe Cheeseburger with Green Leaf Lettuce
- Hawaiian style Pizza Garden Vegetable Pizza
- Cool Ranch Burger with Green Leaf Lettuce
- Grilled Sunbutter & Banana Sandwich
- BBQ Chicken Pizza Classic Cheese Pizza
- Cajun Muffaletta Sandwich
- Spicy Blackbean Burger

