



Early Childhood Lunch Menu

November 2015

The cost of a paid student meal is \$2.10 for elementary students. Per the Healthy Schools Act, there is no charge for reduced meals. Full student lunch includes choice of entrée (meat or meat alternate w/ grain accompaniments), 1 vegetable sides, 1 fruit side & choice of 1% or skim white milk. Did you know— If you see it in green, it's local and if you see it in blue, the meal has international influence!

Monday	Tuesday	Wednesday	Thursday	Friday
Nov 2	Nov 3	Nov 4	Nov 5	Nov 6
Chicken Nuggets w/ Mumbo Sauce & Whole Grain Dinner Roll Fresh Roma Roasted Local Red Potatoes Fresh Local Apple	Barbecue Turkey on Whole Grain Bun Southwest Pinto Beans PineappleCup	Korean Bibimbap Chicken w/Ginger Lime Brown Rice Seasoned Carrots Fresh Orange	Italian Bagel Sweet Potato Wedges Fresh Banana	Panel Rellenos (Salvadoran Chicken Torta) Roasted Broccoli 100 % Grape Juice
Nov 9	Nov 10	Nov 11	Nov 12	Nov 13
Toasted Two Cheese Sandwich on Whole Grain Bread Baked Beans Fresh Local Apple	Homemade Cheese Pizza on Whole Grain Crust Fresh Romaine Tomato Side Salad PineappleCup	No School 	Teriyaki Chicken w/ Ginger Lime Brown Rice Seasoned Carrots Fresh Banana	Bean & Cheese Burrito Seasoned Corn 100 % Grape Juice
Nov 16	Nov 17	Nov 18	Nov 19	Nov 20
Hot Turkey Meatball Sub w/Marinara & Mozzarella on Whole Grain Bun Seasoned Green Peas Fresh Local Apple	Homemade Cheese Pizza on Whole Grain Crust Baby Carrots w/Light Dressing PineappleCup	Whole Grain Rotini w/Turkey Meat Sauce Green Beans Italiano Fresh Orange	Veggie Chili w/Whole Grain Dinner Roll Southwest Pinto Beans Fresh Banana	Rachael Ray's Yum-O- Capital City Chicken Breast w/Whole Grain Biscuit Fresh Cucumber Coins 100 % Grape Juice
Nov 23	Nov 24	Nov 25	Nov 26	Nov 27
Pizza Burger on Whole Grain Bun Fiesta Black Beans Fresh Local Apple	Sliced Turkey w/Gravy Cornbread Stuffing Cranberry Sauce Mashed Potatoes w/ Gravy PineappleCup	Homemade Cheese Pizza on Whole Grain Crust Glazed Carrots Fresh Orange	Happy Thanksgiving! 	Thanksgiving Friday No School