

# INSPIRE CAFÉ

## DCPS Elementary Menu

October 31- November 4

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From  
the Field*

**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an\*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples

### Daily Special

*Favorites*

<b>MONDAY</b>	Mini Cheese Ravioli w/ Marinara Sauce
<b>TUESDAY</b>	Turkey Sausage Pizza
<b>WEDNESDAY</b>	Jerk Chicken Quesadilla
<b>THURSDAY</b>	Chicken Machboo w/ Brown Rice (International Food Day)
<b>FRIDAY</b>	No School Today

### Daily Sides

*Garden Bar: Salad Greens, Roasted Corn*

*Ginger Carrot Salad, Cherry Tomatoes*

*From  
the Field*

<b>MONDAY</b>	Green Beans
<b>TUESDAY</b>	Broccoli & Cauliflower w/ Panko
<b>WEDNESDAY</b>	White Bean & Jicama Salad
<b>THURSDAY</b>	Veggies Bahrain
<b>FRIDAY</b>	No School Today

### Daily Special

*Creations*

<b>MONDAY</b>	Cheeseburger
<b>TUESDAY</b>	Classic Cheese Pizza
<b>WEDNESDAY</b>	Grilled Sunbutter & Banana Sandwich
<b>THURSDAY</b>	Lentils & Spinach w/ Brown Rice
<b>FRIDAY</b>	No School Today

### Daily Sides

*Fruit Choices*

*From  
the Field*

<b>MONDAY</b>	Fresh Apple*/ Apricots
<b>TUESDAY</b>	Applesauce/ Orange Smiles
<b>WEDNESDAY</b>	Fresh Apple*/ Banana
<b>THURSDAY</b>	Mixed Fruit Salad/ Orange Smiles
<b>FRIDAY</b>	No School Today

### Daily Special

*Deli*

*Sandwiches, Wraps, & Salads*

*All Salads served w/ Whole Grain Roll*

<b>MONDAY</b>	Turkey Ham Sub/ Chicken Dipper Salad
<b>TUESDAY</b>	Turkey Sandwich/ Chicken Caesar Salad
<b>WEDNESDAY</b>	Turkey Wrap/ Pumpkin Apple Parfait*
<b>THURSDAY</b>	Chicken Caesar Wrap/ Chef Salad
<b>FRIDAY</b>	No School Today

*This institution is an equal  
opportunity provider.*

# INSPIRE CAFÉ

## DCPS Elementary Menu

November 7-11

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From  
the Field*

**A MINIMUM OF 6 SIDES  
OFFERED DAILY WITH  
LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an\*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples & Butternut Squash

### Daily Special

*Favorites*

<b>MONDAY</b>	Toasted Grilled Cheese
<b>TUESDAY</b>	Baked Penne w/ Tomato Sauce
<b>WEDNESDAY</b>	Hawaiian Style Pizza
<b>THURSDAY</b>	California Chicken Pot Pie
<b>FRIDAY</b>	No School Today

### Daily Sides

*Garden Bar: Salad Greens, Korean Carrots,  
Curried Chickpeas, Cucumber Slices*

*From  
the Field*

<b>MONDAY</b>	Tomato Soup
<b>TUESDAY</b>	Roasted Broccoli
<b>WEDNESDAY</b>	Roasted Butternut Squash*
<b>THURSDAY</b>	Roasted Corn
<b>FRIDAY</b>	No School Today

### Daily Special

*Creations*

<b>MONDAY</b>	Chipotle Chicken Burger
<b>TUESDAY</b>	Alaskan Pollock Po' Boy Sandwich
<b>WEDNESDAY</b>	Classic Cheese Pizza
<b>THURSDAY</b>	Traditional Hamburger
<b>FRIDAY</b>	No School Today

### Daily Sides

*Fruit Choices*

*From  
the Field*

<b>MONDAY</b>	Fresh Apple*/ Chilled Pineapple
<b>TUESDAY</b>	Applesauce/ Orange Smiles
<b>WEDNESDAY</b>	Fresh Apple*/ Raisins
<b>THURSDAY</b>	Banana/ Orange Smiles
<b>FRIDAY</b>	No School Today

### Daily Special

*Deli*

*Sandwiches, Wraps, & Salads*

*All Salads served w/ Whole Grain Roll*

<b>MONDAY</b>	American Sub/ Chef Salad
<b>TUESDAY</b>	Asian Chicken Wrap/ Turkey Sandwich
<b>WEDNESDAY</b>	Turkey Cranberry Wrap/ Chicken Dipper Salad
<b>THURSDAY</b>	Sunbutter & Jelly Sandwich/ Chicken Caesar Salad
<b>FRIDAY</b>	No School Today

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# INSPIRE CAFÉ

## DCPS Elementary Menu

November 14-18

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

*From the Field*

**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an \*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples, Butternut Squash, Collard Greens, & Kale

### Daily Special

*Favorites*

<b>MONDAY</b>	Turkey Sausage Pizza
<b>TUESDAY</b>	Black Bean Chili Pie
<b>WEDNESDAY</b>	Glorious Macaroni & Cheese
<b>THURSDAY</b>	Egg w/ Turkey Sausage & French Toast Sticks
<b>FRIDAY</b>	Thai Sweet Potato Bowl

### Daily Sides

*Garden Bar: Celery Sticks, Baby Carrots, Cherry Tomatoes, Black Beans*

*From the Field*

<b>MONDAY</b>	Tomato Basil Salad
<b>TUESDAY</b>	Roasted Broccoli
<b>WEDNESDAY</b>	Collard Greens*
<b>THURSDAY</b>	Roasted Potatoes
<b>FRIDAY</b>	Roasted Corn

### Daily Special

*Creations*

<b>MONDAY</b>	Classic Cheese Pizza
<b>TUESDAY</b>	Deluxe Cheeseburger
<b>WEDNESDAY</b>	Cuban Inspired Sandwich
<b>THURSDAY</b>	Sweet & Sour Chicken & Vegetables
<b>FRIDAY</b>	Bistro Burger

### Daily Sides

*Fruit Choices*

*From the Field*

<b>MONDAY</b>	Fresh Apple*/ Chilled Pears
<b>TUESDAY</b>	Applesauce/ Orange Smiles
<b>WEDNESDAY</b>	Fresh Apple*/ Banana
<b>THURSDAY</b>	Mixed Fruit Salad/ Orange Smiles
<b>FRIDAY</b>	Fresh Apple*/ Banana

### Daily Special

*Deli*

*Sandwiches, Wraps, & Salads*

*All Salads served w/ Whole Grain Roll*

<b>MONDAY</b>	Greens & Gourds Wrap*/ Taco Salad
<b>TUESDAY</b>	American Sub/ Spinach Salad
<b>WEDNESDAY</b>	Turkey Wrap/ Chicken Dipper Salad
<b>THURSDAY</b>	Sunny Apple Sandwich*/ Chef Salad
<b>FRIDAY</b>	Turkey Sandwich/ Tuna Salad

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# DCPS Elementary Menu

November 21-25

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



**A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES**

Fresh Garden Bar plus Fruits & Vegetables, in an inviting variety. Recipes including local produce are indicated with an \*. Low Fat or Fat Free Milk included with all meals.

LOCAL THIS WEEK: Apples & Kale

**Daily Special**



- MONDAY** Super Veggie Macaroni & Cheese\*
- TUESDAY** Turkey Sausage Pizza
- WEDNESDAY** Chipotle BBQ Meatloaf
- THURSDAY** No School Today
- FRIDAY** No School Today

**Daily Sides**

*Garden Bar: Salad Greens, Diced Tomatoes*

*White Bean & Jicama Salad, Celery*



- MONDAY** Green Beans
- TUESDAY** Jicama & Cucumber Salad
- WEDNESDAY** Mashed Potatoes
- THURSDAY** No School Today
- FRIDAY** No School Today

**Daily Special**



- MONDAY** Honey BBQ Chicken Sandwich
- TUESDAY** Classic Cheese Pizza
- WEDNESDAY** Bistro Burger
- THURSDAY** No School Today
- FRIDAY** No School Today

**Daily Sides**

*Fruit Choices*



- MONDAY** Fresh Apple\*/ Chilled Peaches
- TUESDAY** Cinnamon Applesauce/ Orange Smiles
- WEDNESDAY** Fresh Apple\*/ Dried Cranberries
- THURSDAY** No School Today
- FRIDAY** No School Today

**Daily Special**



*Sandwiches, Wraps, & Salads*

*All Salads served w/ Whole Grain Roll*

- MONDAY** Turkey Ham Sub/ Chicken Dipper Salad
- TUESDAY** Southern BBQ Wrap/ Chicken Salad Sandwich
- WEDNESDAY** Garden Sub/ Asian Chicken Salad
- THURSDAY** No School Today
- FRIDAY** No School Today

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