



STAY Lunch Cycle Menu

May 2016

The cost of a paid student meal is \$2.60. Per the Healthy Schools Act, there is no charge for reduced meals. Full student lunch includes choice of entrée (includes a source of protein and grain/bread accompaniments), 2 vegetable sides, 2 fruit side & choice of 1% or skim white milk. All grains are whole grain rich. Did you know—if you see it in green, it's local and if you see it in blue, the meal has international influence! All of our chicken is antibiotic free (ABF)!

Monday	Tuesday	Wednesday	Thursday	Friday
May 2	May 3	May 4	May 5	May 6
Mac-N-Cheese with a Dinner Roll Seasoned Corn Fresh Baby Carrots Fresh Local Apple Assorted Fresh Fruit	Rotini with Mozzarella Sauce Glazed Carrots Fresh Broccoli Florets Pineapple Cup Assorted Fresh Fruit	Gozleme (Savory Turkish Flatbread filled with Kale & Mozzarella Cheese) Baked Beans Local Kale Caesar Salad Fresh Orange Assorted Fresh Fruit	Southwest Chicken Salad w/ Dinner Roll Green Beans Italiano Romaine and Tomato Salad Fresh Banana Assorted Fresh Fruit	PROFESSIONAL DEVELOPMENT DAY NO SCHOOL 
May 9	May 10	May 11	May 12	May 13
Chicken Nuggets w/ Mumbo Sauce and Cornbread Roasted Broccoli Fresh Baby Carrots Fresh Local Apple Assorted Fresh Fruit	Turkey Meatball Sub with Marinara & Mozzarella on a Sub Southwest Pinto Beans Homemade Confetti Coleslaw Pineapple Cup Assorted Fresh Fruit	URUGUAY FOOD DAY Meat Tart with Mashed Sweet Potatoes & Garlic Bun  Sweet Potato Fries Fresh Cucumber Coins Fresh Orange Assorted Fresh Fruit	Veggie Chili with Cornbread Seasoned Carrots Fresh Local Tuscan Kale Salad Fresh Banana Assorted Fresh Fruit	Chicken & Waffles Roma Roasted Red Potatoes Fresh Celery Sticks 100 % Fruit Punch Assorted Fresh Fruit
May 16	May 17	May 18	May 19	May 20
Cheeseburger Baked Beans Homemade Confetti Coleslaw Fresh Local Apple Assorted Fresh Fruit	Rotini with Turkey Meat Sauce Green Beans Italiano Fresh Baby Carrots Pineapple Cup Assorted Fresh Fruit	Pulled Turkey & Gravy Sandwich w/Cranberry Sauce Mashed Potatoes w/Turkey Gravy Fresh Celery Sticks Fresh Orange Assorted Fresh Fruit	Gozleme (Savory Turkish Flatbread filled with Kale & Mozzarella Cheese) Garlic Lemon Broccoli Fresh Baby Carrots Fresh Banana Assorted Fresh Fruit	Homemade Cheese Pizza Glazed Carrots Fresh Romaine and Tomato Salad 100 % Fruit Punch Assorted Fresh Fruit
May 23	May 24	May 25	May 26	May 27
Parent Teacher Conferences  NO SCHOOL	Chicken Nuggets w/ Mumbo Sauce & Cornbread Seasoned Carrots Fresh Cucumber & Tomato Salad Pineapple Cup Assorted Fresh Fruit	Ukrainian Chicken Breast w/Garlic Bun Roma Roasted Red Potatoes Local Kale Caesar Salad Fresh Orange Assorted Fresh Fruit	Southwest Chicken Salad w/ Dinner Roll Country Collard Greens Fresh Celery Sticks Fresh Banana Assorted Fresh Fruit	Capital City Chicken Drumstick w/ Garlic Bun Southwest Pinto Beans Fresh Baby Carrots 100% Fruit Punch Assorted Fresh Fruit