



Build-Your-Own Salad Bar Menu

SodexoMAGIC - DC Public Schools

MONDAY September 30, 2019	TUESDAY October 1, 2019	WEDNESDAY October 2, 2019	THURSDAY October 3, 2019	FRIDAY October 4, 2019
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Choose Your Protein

<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Pinto Beans 	<ul style="list-style-type: none"> • Black Beans • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Chickpeas 	<ul style="list-style-type: none"> • Chickpeas • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Black Beans
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Available Vegetables

<ul style="list-style-type: none"> • Romaine Lettuce • Shredded Carrots • Corn • Broccoli • Cherry Tomatoes 	<ul style="list-style-type: none"> • Romaine Lettuce • Shredded Carrots • Spinach • Cherry Tomatoes • Corn 	<ul style="list-style-type: none"> • Romaine Lettuce • Broccoli • Cherry Tomatoes • Corn • Cucumber Slices 	<ul style="list-style-type: none"> • Romaine Lettuce • Spinach • Baby Carrots • Cucumber Slices • Cherry Tomatoes 	<ul style="list-style-type: none"> • Romaine Lettuce • Broccoli • Cherry Tomatoes • Corn • Baby Carrots
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Available Fruit

- Assorted Fresh Fruit & Assorted Chilled Fruit Available Daily

Available Toppings
<ul style="list-style-type: none"> • Sunflower Seeds • Dried Cranberries

Featured Salad
Chicken Caesar Salad

Take a Whole Grain
<ul style="list-style-type: none"> • Dinner Roll • Whole Grain Croutons

Choose a Milk
Nonfat or 1% White Milk

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Build-Your-Own Salad Bar Menu

SodexoMAGIC - DC Public Schools

MONDAY October 7, 2019	TUESDAY October 8, 2019	WEDNESDAY October 9, 2019	THURSDAY October 10, 2019	FRIDAY October 11, 2019
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Choose Your Protein

<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Pinto Beans 	<ul style="list-style-type: none"> • Black Beans • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Chickpeas 	<ul style="list-style-type: none"> • Chickpeas • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • NO SCHOOL
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Available Vegetables

<ul style="list-style-type: none"> • Romaine Lettuce • Shredded Carrots • Corn • Broccoli • Cherry Tomatoes 	<ul style="list-style-type: none"> • Romaine Lettuce • Shredded Carrots • Spinach • Cherry Tomatoes • Corn 	<ul style="list-style-type: none"> • Romaine Lettuce • Broccoli • Cherry Tomatoes • Corn • Cucumber Slices 	<ul style="list-style-type: none"> • Romaine Lettuce • Spinach • Baby Carrots • Cucumber Slices • Cherry Tomatoes 	
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Available Fruit

<ul style="list-style-type: none"> • Assorted Fresh Fruit & Assorted Chilled Fruit Available Daily

Available Toppings	<ul style="list-style-type: none"> • Sunflower Seeds 	<ul style="list-style-type: none"> • Dried Cranberries
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Featured Salad	Chicken Taco Salad
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Take a Whole Grain	<ul style="list-style-type: none"> • Dinner Roll 	<ul style="list-style-type: none"> • Whole Grain Croutons
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Choose a Milk	Nonfat or 1% White Milk
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Build-Your-Own Salad Bar Menu

SodexoMAGIC - DC Public Schools

MONDAY October 14, 2019	TUESDAY October 15, 2019	WEDNESDAY October 16, 2019	THURSDAY October 17, 2019	FRIDAY October 18, 2019
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Choose Your Protein

<ul style="list-style-type: none"> • NO SCHOOL 	<ul style="list-style-type: none"> • Black Beans • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Chickpeas 	<ul style="list-style-type: none"> • Chickpeas • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Black Beans
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Available Vegetables

	<ul style="list-style-type: none"> • Romaine Lettuce • Shredded Carrots • Spinach • Cherry Tomatoes • Corn 	<ul style="list-style-type: none"> • Romaine Lettuce • Broccoli • Cherry Tomatoes • Corn • Cucumber Slices 	<ul style="list-style-type: none"> • Romaine Lettuce • Spinach • Baby Carrots • Cucumber Slices • Cherry Tomatoes 	<ul style="list-style-type: none"> • Romaine Lettuce • Broccoli • Cherry Tomatoes • Corn • Baby Carrots
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Available Fruit

<ul style="list-style-type: none"> • Assorted Fresh Fruit & Assorted Chilled Fruit Available Daily

Available Toppings <ul style="list-style-type: none"> • Sunflower Seeds • Dried Cranberries
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Featured Salad	Classic Chef Salad
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Take a Whole Grain <ul style="list-style-type: none"> • Dinner Roll • Whole Grain Croutons

Choose a Milk	Nonfat or 1% White Milk
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Build-Your-Own Salad Bar Menu

SodexoMAGIC - DC Public Schools

MONDAY October 21, 2019	TUESDAY October 22, 2019	WEDNESDAY October 23, 2019	THURSDAY October 24, 2019	FRIDAY October 25, 2019
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Choose Your Protein

<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Pinto Beans 	<ul style="list-style-type: none"> • Black Beans • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Chickpeas 	<ul style="list-style-type: none"> • Chickpeas • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Black Beans
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Available Vegetables

<ul style="list-style-type: none"> • Romaine Lettuce • Shredded Carrots • Corn • Broccoli • Cherry Tomatoes 	<ul style="list-style-type: none"> • Romaine Lettuce • Shredded Carrots • Spinach • Cherry Tomatoes • Corn 	<ul style="list-style-type: none"> • Romaine Lettuce • Broccoli • Cherry Tomatoes • Corn • Cucumber Slices 	<ul style="list-style-type: none"> • Romaine Lettuce • Spinach • Baby Carrots • Cucumber Slices • Cherry Tomatoes 	<ul style="list-style-type: none"> • Romaine Lettuce • Broccoli • Cherry Tomatoes • Corn • Baby Carrots
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Available Fruit

- Assorted Fresh Fruit & Assorted Chilled Fruit Available Daily

Available Toppings
<ul style="list-style-type: none"> • Sunflower Seeds • Dried Cranberries

Featured Salad
Greek Salad

Take a Whole Grain
<ul style="list-style-type: none"> • Dinner Roll • Whole Grain Croutons

Choose a Milk
Nonfat or 1% White Milk

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Build-Your-Own Salad Bar Menu

SodexoMAGIC - DC Public Schools

MONDAY October 28, 2019	TUESDAY October 29, 2019	WEDNESDAY October 30, 2019	THURSDAY October 31, 2019	FRIDAY November 1, 2019
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Choose Your Protein

<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Pinto Beans 	<ul style="list-style-type: none"> • Black Beans • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Chickpeas 	<ul style="list-style-type: none"> • Chickpeas • Shredded Cheese • Sliced Hard-boiled Egg 	<ul style="list-style-type: none"> • Pulled Chicken • Shredded Cheese • Black Beans
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Available Vegetables

<ul style="list-style-type: none"> • Romaine Lettuce • Shredded Carrots • Corn • Broccoli • Cherry Tomatoes 	<ul style="list-style-type: none"> • Romaine Lettuce • Shredded Carrots • Spinach • Cherry Tomatoes • Corn 	<ul style="list-style-type: none"> • Romaine Lettuce • Broccoli • Cherry Tomatoes • Corn • Cucumber Slices 	<ul style="list-style-type: none"> • Romaine Lettuce • Spinach • Baby Carrots • Cucumber Slices • Cherry Tomatoes 	<ul style="list-style-type: none"> • Romaine Lettuce • Broccoli • Cherry Tomatoes • Corn • Baby Carrots
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Available Fruit

- Assorted Fresh Fruit & Assorted Chilled Fruit Available Daily

Available Toppings
<ul style="list-style-type: none"> • Sunflower Seeds • Dried Cranberries

Featured Salad
Chicken Dipper Salad

Take a Whole Grain
<ul style="list-style-type: none"> • Dinner Roll • Whole Grain Croutons

Choose a Milk
Nonfat or 1% White Milk

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