

Section 1: School Pro	file					
School Name: James A. Garfie	ld Elementary					
Street Address: 2435 Alabama	Avenue, S.E, Washing	gton, D.C.	20020			
Does your school curently have	a website?		If yes, what is your sch	ool"s w	ebsite address?	
Yes			dcps.dc.gov/Garfield			
Section 2: Health Serv	vices					
How many school nurses are available at your school?			Does your school currently have a school-based health center?			
Тwo			No			
School Nurse 1 Coverage			School Nurse Coverage (Nurse 2)			
Part			Part			
Name of School Nurse 1: Duworure Kpadeh	Nurse 1 - Phone:	Nurse 1	- Email Address:	Nurse : Health	I - Suite/Room Location: Suite	
Name of School Nurse 2: Elvera Tuazon, LPN	Nurse 2 - Phone:	Nurse 2	- Email Address:	Nurse 2 Health	2 - Suite/Room Location: Suite	
How many Department of Men One	tal Health (DMH) Clir	nicians are	e available at your schoo	91?		
DMH Clinician Coverage (Clinician 1): Full			DMH Clinician Coverage (Clinician 2): None			
Does your school currently have a DMH/ School Mental Health Program or similar services on site Yes						
*If the school has three or more schoo section 2.	I nurses and/or DMH Clir	nicians plea	ase attach additional informa	ntion on e	ach personnel requested in	
Section 3: Health Edu	cation Instru	ction				
Does your school currently have	a certified health tea	icher on s	taff?	Yes		
Did that teacher have a concentr	ation in health and p	hysical ed	ducation in college?	Yes		

For each grade in your school, please indicate the average number of minutes per week during school hours students receive health education instruction.

PK/PS - Prek- Minutes/Wee	45	Grade 8 - Minutes/Week:	
K - Kindergarten - Minutes/Week:	45	Grade 9 - Minutes/Week:	
Grade 1 - Minutes/Week:	45	Grade 10 - Minutes/Week:	
Grade 2 - Minutes/Week:	45	Grade 11 - Minutes/Week:	
Grade 3 - Minutes/Week:	45	Grade 12 - Minutes/Week:	
Grade 4 - Minutes/Week:	45	Grade 13/Postgraduate - Minutes/Week:	
Grade 5 - Minutes/Week:	45	AE - Adult Education - Minutes/Week:	
Grade 6 - Minutes/Week:		UG - Ungraded - Minutes/Week:	
Grade 7 - Minutes/Week:			

Is the health education instruction based on the District's health standards that specify what each student should know and be able to do to improve and maintain their health by the end of each grade level? Yes

Section 4: Physical Education Instruction

For each grade in your school, please indicate the average number of minutes per week during school hours students receive in physical education instruction.

PK/PS - Prek- Minutes/Wee 45	Grade 8 - Minutes/Week:
K - Kindergarten - Minutes/Week: 45	Grade 9 - Minutes/Week:
Grade 1 - Minutes/Week: 45	Grade 10 - Minutes/Week:
Grade 2 - Minutes/Week: 45	Grade 11 - Minutes/Week:
Grade 3 - Minutes/Week: 45	Grade 12 - Minutes/Week:
Grade 4 - Minutes/Week: 45	Grade 13/Postgraduate - Minutes/Week:
Grade 5 - Minutes/Week: 45	AE - Adult Education - Minutes/Week:
Grade 6 - Minutes/Week:	UG - Ungraded - Minutes/Week:
Grade 7 - Minutes/Week:	
Is the physical education instruction based on the District identify what each student should know and be able to do For each grade in your school, please indicate the average	
physical education instruction.	
PK/PS - Prek- Minutes/Wee 45	Grade 8 - Minutes/Week:
K - Kindergarten - Minutes/Week: 45	Grade 9 - Minutes/Week:
Grade 1 - Minutes/Week: 45	Grade 10 - Minutes/Week:

K - Kindergarten - Minutes/Week:	45	Grade 9 - Minutes/Week:	
Grade 1 - Minutes/Week:	45	Grade 10 - Minutes/Week:	
Grade 2 - Minutes/Week	45	Grade 11 - Minutes/Week:	
Grade 3 - Minutes/Week:	45	Grade 12 - Minutes/Week:	
Grade 4 - Minutes/Week:	45	Grade 13/Postgraduate - Minutes/Week:	
Grade 5 - Minutes/Week:	45	AE - Adult Education - Minutes/Week:	
Grade 6 - Minutes/Week:		UG - Ungraded - Minutes/Week:	
Grade 7 - Minutes/Week:			
How does your school promote physical	I activity? (Check all th	nat apply)	
Active Recess , After-Scho	ool Activities , Move	ement in the Classroom	

Company name of food service vendor Chartwells	
Your Local Education Agency currently has a local wellness policy. Does your local wellness policy in	nclude the following?
The goals for nutrition education, physical activity, and other school-based activities that are designed wellness?	d to promote student Yes
Nutrition guidelines for all foods available on each school campus during the school day with objectiv health and reducing childhood obesity?	res of promoting student Yes
A plan for measuring implementation for the local wellness policy, including designation of 1 or more education agency or each school, as appropriate, charged with operational responsibility for ensuring local wellness policy?	
	Yes
Community involvement in the development of the school wellness policy?	
	Yes
Goals for improving the environmental sustainability of schools?:	
	No
Goals for increasing the use of locally-grown, locally processed, and unprocessed foods growers eng agriculture practices?	
	No
Increasing physical activity?:	Yes
Is your school currently in compliance of its local wellness policy?	Yes
Where can a copy of the policy be found? School Website	
Where are the following items located at your school?	
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Where are the following items located at your school? School Menu: School Website , School Main Office , sent home monthly with students	_
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School Menu: School Website , School Main Office , sent home monthly with students Nutritional Content of each Menu Item: School Website , sent home on menus	ı menu
School Menu: School Website , School Main Office , sent home monthly with students Nutritional Content of each Menu Item: School Website , sent home on menus Ingredients of each Menu Item: School Website , if given by Chartwells	
School Menu: School Website , School Main Office , sent home monthly with students Nutritional Content of each Menu Item: School Website , sent home on menus Ingredients of each Menu Item: School Website , if given by Chartwells Information on where fruits served in schools are grown and processed? School Website , on Information on where vegetables served in schools are grown and processed? School Website , on Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch meet School School Schools Act of 2010 lunch meet	on menu
School Menu: School Website , School Main Office , sent home monthly with students Nutritional Content of each Menu Item: School Website , sent home on menus Ingredients of each Menu Item: School Website , if given by Chartwells Information on where fruits served in schools are grown and processed? School Website , on Information on where vegetables served in schools are grown and processed? School Website , on Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch me please specify if you serve the following: School Website , on	on menu
School Menu: School Website , School Main Office , sent home monthly with students Nutritional Content of each Menu Item: School Website , sent home on menus Ingredients of each Menu Item: School Website , if given by Chartwells Information on where fruits served in schools are grown and processed? School Website , on nformation on where vegetables served in schools are grown and processed? School Website , on Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch mere please specify if you serve the following: A different vegetable each day of the week? : Yes	on menu
School Menu: School Website , School Main Office , sent home monthly with students Nutritional Content of each Menu Item: School Website , sent home on menus Ingredients of each Menu Item: School Website , if given by Chartwells Information on where fruits served in schools are grown and processed? School Website , on Information on where vegetables served in schools are grown and processed? School Website , on Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch me please specify if you serve the following: A different vegetable each day of the week? : Yes Dark green vegetables at least twice a week? Yes	on menu
School Menu: School Website , School Main Office , sent home monthly with students Nutritional Content of each Menu Item: School Website , sent home on menus Ingredients of each Menu Item: School Website , if given by Chartwells Information on where fruits served in schools are grown and processed? School Website , on Information on where vegetables served in schools are grown and processed? School Website , on Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch mere please specify if you serve the following: A different vegetable each day of the week? : Yes	on menu
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School Menu: School Website , School Main Office , sent home monthly with students Nutritional Content of each Menu Item: School Website , sent home on menus Ingredients of each Menu Item: School Website , if given by Chartwells Information on where fruits served in schools are grown and processed? School Website , on Information on where vegetables served in schools are grown and processed? School Website , on Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch meplease specify if you serve the following: A different vegetable each day of the week? : Yes Dark green vegetables at least twice a week? Yes An orange vegetable at least once a week? Yes Cooked dry beans or peas at least once a week? Yes Yes Yes	on menu
School Menu: School Website , School Main Office , sent home monthly with students Nutritional Content of each Menu Item: School Website , sent home on menus Ingredients of each Menu Item: School Website , if given by Chartwells Information on where fruits served in schools are grown and processed? School Website , on Information on where vegetables served in schools are grown and processed? School Website , on Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch meet please specify if you serve the following: A different vegetable each day of the week? : Yes Dark green vegetables at least twice a week? Yes An orange vegetable at least once a week? Yes A different fruit every day of the week? : Yes Yes A different fruit every day of the week? : Yes Yes	on menu

Section 5: Nutrition Programs

Farm-to-School Program

Does your school serve locally grown, processed, and unprocessed foods from growers engaged in sustainable agricultural practices? Yes

If yes, how often?:

as listed on menu

Locally-grown means grown in Washington, DC, Maryland, Virginia, Delaware, West Virginia, Pennsylvania, North Carolina, and New Jersey. Preference given to foods grown in Washington, DC, Maryland or Virginia).

No

Does your grower engage in sustainable agriculture practices?

Sustainable Agriculture means an integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of non renewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.)

Are students and parents informed	about the availability of ve	getarian food options at your	school?	Yes	
If yes, where can they find these o	otions? School Cafeteria	or Eating Areas			
Are students and parents informed lactose free milk, etc., at your scho		ilk alternatives, such as soy r	nilk,	No	
If yes, where can they find these o	ptions?				
School Gardens Program					
Does your school currently have a	School Garden? No	D			
If no, is your school going to start a	a garden this school year?	Yes			
Section 6: Posting :		•			
According to section 602(c) of the information required by subsection					
How will you make this information		nline (posting date), Weekly arent Update			
	Online - Posting Date:				
		Submitted:	2/8/20	011 11:59:59 AM	
		Submitter's Name :	Angela	a M. Tilghman, Principal	
		Submitter's Email Ad	dress:	angela.tilghman@dc.gov	