



## SCHOOL HEALTH PROFILE FORM

### Section 1: School Profile

School Name: <input type="text" value="Options PCS"/>	
Street Address: <input type="text" value="1375 E Street NE, Washington DC 20002"/>	
Does your school currently have a website? <input type="text" value="Yes"/>	If yes, what is your school's website address? <input type="text" value="optionsschool.org"/>

### Section 2: Health Services

How many school nurses are available at your school? <input type="text" value="One"/>	Does your school currently have a school-based health center? <input type="text" value="Yes"/>		
School Nurse 1 Coverage <input type="text" value="Full"/>	School Nurse Coverage (Nurse 2) <input type="text" value="None"/>		
Name of School Nurse 1: Y. Akinwunmi	Nurse 1 - Phone: 202-547-1028	Nurse 1 - Email Address: yakinwunmi@optionsschool.org	Nurse 1 - Suite/Room Location: Nurse's office
Name of School Nurse 2:	Nurse 2 - Phone:	Nurse 2 - Email Address:	Nurse 2 - Suite/Room Location:
How many Department of Mental Health (DMH) Clinicians are available at your school? <input type="text" value="None"/>			
DMH Clinician Coverage (Clinician 1): <input type="text" value="Full"/>		DMH Clinician Coverage (Clinician 2): <input type="text" value="Full"/>	
Does your school currently have a DMH/ School Mental Health Program or similar services on site <input type="text" value="Yes"/>			

*\*If the school has three or more school nurses and/or DMH Clinicians please attach additional information on each personnel requested in section 2.*

### Section 3: Health Education Instruction

Does your school currently have a certified health teacher on staff?	<input type="text" value="Yes"/>
Did that teacher have a concentration in health and physical education in college?	<input type="text" value="Yes"/>

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For each grade in your school, please indicate the average number of minutes per week during school hours students receive health education instruction.

PK/PS - Prek - Minutes/Week:		Grade 8 - Minutes/Week:	
K - Kindergarten - Minutes/Week:		Grade 9 - Minutes/Week:	
Grade 1 - Minutes/Week:		Grade 10 - Minutes/Week:	
Grade 2 - Minutes/Week:		Grade 11 - Minutes/Week:	
Grade 3 - Minutes/Week:		Grade 12 - Minutes/Week:	
Grade 4 - Minutes/Week:		Grade 13/Postgraduate - Minutes/Week:	
Grade 5 - Minutes/Week:		AE - Adult Education - Minutes/Week:	
Grade 6 - Minutes/Week:		UG - Ungraded - Minutes/Week:	
Grade 7 - Minutes/Week:			

Is the health education instruction based on the District's health standards that specify what each student should know and be able to do to improve and maintain their health by the end of each grade level? Yes

## Section 4: Physical Education Instruction

For each grade in your school, please indicate the average number of minutes per week during school hours students receive in physical education instruction.

PK/PS - Prek - Minutes/Week:		Grade 8 - Minutes/Week:	20
K - Kindergarten - Minutes/Week:		Grade 9 - Minutes/Week:	20
Grade 1 - Minutes/Week:		Grade 10 - Minutes/Week:	20
Grade 2 - Minutes/Week:		Grade 11 - Minutes/Week:	20
Grade 3 - Minutes/Week:		Grade 12 - Minutes/Week:	20
Grade 4 - Minutes/Week:		Grade 13/Postgraduate - Minutes/Week:	
Grade 5 - Minutes/Week:		AE - Adult Education - Minutes/Week:	
Grade 6 - Minutes/Week:	20	UG - Ungraded - Minutes/Week:	
Grade 7 - Minutes/Week:	20		

Is the physical education instruction based on the District's physical education standards that identify what each student should know and be able to do at the end of each grade levels? Yes

For each grade in your school, please indicate the average number of minutes per week during school hours students receive in physical education instruction.

PK/PS - Prek - Minutes/Week:		Grade 8 - Minutes/Week:	67.5
K - Kindergarten - Minutes/Week:		Grade 9 - Minutes/Week:	67.5
Grade 1 - Minutes/Week:		Grade 10 - Minutes/Week:	67.5
Grade 2 - Minutes/Week:		Grade 11 - Minutes/Week:	67.5
Grade 3 - Minutes/Week:		Grade 12 - Minutes/Week:	67.5
Grade 4 - Minutes/Week:		Grade 13/Postgraduate - Minutes/Week:	
Grade 5 - Minutes/Week:		AE - Adult Education - Minutes/Week:	
Grade 6 - Minutes/Week:	67.5	UG - Ungraded - Minutes/Week:	
Grade 7 - Minutes/Week:	67.5		

How does your school promote physical activity? (Check all that apply)

Active Recess  , After-School Activities  , Movement in the Classroom  , Athletic Programs  , Walk or Bike to School  , large facility with distance between classes

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## Section 5: Nutrition Programs

Company name of food service vendor	Top Spanish
Your Local Education Agency currently has a local wellness policy. Does your local wellness policy include the following?	
The goals for nutrition education, physical activity, and other school-based activities that are designed to promote student wellness?	Yes
Nutrition guidelines for all foods available on each school campus during the school day with objectives of promoting student health and reducing childhood obesity?	Yes
A plan for measuring implementation for the local wellness policy, including designation of 1 or more persons within the local education agency or each school, as appropriate, charged with operational responsibility for ensuring that each school fulfills the local wellness policy?	Yes
Community involvement in the development of the school wellness policy?	Yes
Goals for improving the environmental sustainability of schools?:	Yes
Goals for increasing the use of locally-grown, locally processed, and unprocessed foods growers engaged in sustainable agriculture practices?	Yes
Increasing physical activity?:	Yes
Is your school currently in compliance of its local wellness policy?	Yes
Where can a copy of the policy be found?	School Website , School Cafeteria or Eating Area , School Main Office , Data/Admin Officer

### Where are the following items located at your school?

School Menu:	School Website , School Main Office , School Cafeteria or Eating Areas
Nutritional Content of each Menu Item:	School Website , School Main Office , School Cafeteria or Eating Areas
Ingredients of each Menu Item:	School Website , School Main Office , School Cafeteria or Eating Areas
Information on where fruits served in schools are grown and processed?	School Website , School Main Office , School Cafeteria or Eating Areas
Information on where vegetables served in schools are grown and processed?	School Website , School Main Office , School Cafeteria or Eating Areas

### Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch menu criteria, if so please specify if you serve the following:

A different vegetable each day of the week? :	Yes
Dark green vegetables at least twice a week?	Yes
An orange vegetable at least once a week?	Yes
Cooked dry beans or peas at least once a week?	Yes
A different fruit every day of the week? :	Yes
Fresh fruit twice a week?	Yes
Whole grains at least once a day? :	Yes
Milk each day? :	Low-fat(1%)/flavored or unflavored

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## Section 5: Nutrition Programs

### Farm-to-School Program

Does your school serve locally grown, processed, and unprocessed foods from growers engaged in sustainable agricultural practices? Yes

If yes, how often?:

Three or four times per week

*Locally-grown means grown in Washington, DC, Maryland, Virginia, Delaware, West Virginia, Pennsylvania, North Carolina, and New Jersey. Preference given to foods grown in Washington, DC, Maryland or Virginia).*

Does your grower engage in sustainable agriculture practices? Yes

Sustainable Agriculture means an integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of non renewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.)

Are students and parents informed about the availability of vegetarian food options at your school? Yes

If yes, where can they find these options? School Website, School Main Office, School Cafeteria or Eating Areas

Are students and parents informed about the availability of milk alternatives, such as soy milk, lactose free milk, etc., at your school? Yes

If yes, where can they find these options? School Website, School Main Office, School Cafeteria or Eating Areas

### School Gardens Program

Does your school currently have a School Garden? Yes

If no, is your school going to start a garden this school year?

## Section 6: Posting and Form Availability to Parents

According to section 602(c) of the Healthy School Act of 2010, "each public school and public charter school shall post the information required by subsection (a) online if the school has a website and make the form available to parents in its office".

How will you make this information available to parents? Online (posting date), Copies Available at Main Office

Online - Posting Date: upon receipt

Submitted: 1/15/2011 4:34:11 PM

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